

Programme

Voume 46 Weekly Meeting No. 2

July 15, 2010

WEBSITE RE-LAUNCHING

- | | | |
|------|---|----------------------------|
| I. | Registration | |
| II. | Program | |
| | Call to Order | - Pres. Ronie P. Masangkay |
| | Invocation | - PD Jessie F. Cruz |
| | National Anthem | - Rtn. Charlie J. Dytan |
| | Rotary Pledge & The 4-Way Test | - PP Onie S. Aguinaldo |
| | Introduction of Visiting Rotarians & Guests | - Rtn. Harold S. Nanquil |
| | Entertainment - Community Singing | - PP Flor dela Paz |
| | Recognition | - IPP Vincent C. Santos |
| | Rotary Information | - IPP Vincent C. Santos |
| | Re-launching of RC Marikina Website | - PP Dindo C. Santos |
| | Secretary's Time | - Sec. Allan SM Perez |
| | President's Time | - Pres. Ronie P. Masangkay |
| | RC Marikina March | |
| | Adjournment | - Pres. Ronie P. Masangkay |
| | Weekly Raffle | - PN Del R. de Guzman |
| III. | Fellowship | |

Dir. Chris U. Meriño
Master of Ceremonies

Valley Wheel is the official bulletin of the Rotary Club of Marikina

Sec. Allan SM Perez – Editor-in-Chief
Asec. Val A. Barcinal—Deputy Editor-in-Chief
Columnist/Contributors; Pres. Ronie P. Masangkay, ASec. Val A. Barcinal, Dir.
Benjie Malaya, IWC of Marikina, RCC Marikina Valley, Rotaract Club of
Marikina & Marikina GIMIK, Grupo Singko, Acknowledgement: PP Manny
de Guzman, ALS Computer Learning, Mr. Joshua Alonzo
Additional Photos by PP Kiko Pe– Benito, PP Manny de Guzman, Pres. Ronie
Masangkay, VP Dodjie Cabalquinto
The Rotary Club of Marikina was admitted to the Rotary International on
March 18, 1965, with postal address at Marikina Rotary Youth Center, Sumu-
long Hi-way, Sto. Niño, Marikina City, Philippines 1800
Tel. 9423720 – url; www.marikinarotary.org


THE ROTARY PLEDGE

I do solemnly promise to help advance the object of Ro-
tary, comply with the constitution and by-laws of Rotary
International and the Rotary Club of Marikina, ever putting
into practice Rotary's Motto: "SERVICE ABOVE SELF."

THE FOUR WAY TEST

Of things we think, say or do:

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and better FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

<p style="text-align: center;">PRAYER</p> <p>Father God, we are humbling ourselves before You. Cleanse us from all transgression with Your Holy Blood. Make us pure and white as snow to be worthy of Your grace.</p> <p>Father, we see clearly enough what is highly valued in the sight of men. We ask You Father to give us the eyes to see what is Highly valued in Your sight. We want to do service for You while we live, and let Your name be glorified. Also, we want to abide in You, that when You appear, we may have confidence and not be ashamed before You at Your coming.</p> <p>We are your servants Father, make us to be faithful stewards in Jesus’ name. Amen.</p>	<p>ROTARY CLUB OF MARIKIAN MARCH <i>Music: PP Jimmy Capco</i> <i>Lyrics: Rtn. Francisco Pascual;</i> <i>Arranger: Rtn. Allan SM Perez</i></p> <p>Come sing with us for fellowship A song of camaraderie Then give your hand in fond friendship To Marikina Rotary</p> <p>We love to share our thoughts with you And lavish in your company So, come each meeting day please do To Marikina Rotary</p> <p style="text-align: center;">Refrain</p> <p>Motto of SERVICE ABOVE SELF Is not a mere phraseology Participate with zeal and zest In Marikina Rotary</p> <p>Let us Rotarian serve all Our beloved community Then we can accentuate the goal Of Marikina Rotary</p>
<p style="text-align: center;">July 22, 2010</p> <p style="text-align: center;">District 2770 Visit</p>	
<p style="text-align: center;">DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION</p> <p>As a Rotarian engaged in business or profession, I am expected to:</p> <ol style="list-style-type: none">1. Consider my vocation to be another opportunity to serve;2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation4. Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship;5. Recognize the honor and respect due to all occupations which are useful to society;6. Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community.7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships	<div></div> <p style="text-align: center;"><i>Happy Blessed Birthday</i></p> <p style="text-align: center;">Sps. Linda Aguinaldo—July 15 Sps. Lanie Capco—July 19</p>

Microscopic Findings

Pres. Ronie P. Masangkay



Since the start of the Rotary Year on July 1, 2010, I'm proud to say we have accomplished a lot of things so far like the hosting of the District Handover, Chaired by SAG Noel Flores. In fact, District Governor Jun Farcon, never fails to mention his name in every speaking engagement since then because of the success of that event. Credit, likewise, goes to our fellow Rotarians who worked hand in hand to deliver an outstanding and elegant program in their respective committees.

Now it's finally over, the Zone 4 Joint Induction was concluded last July 10, 2010, Saturday. It was an evening full of fun and surprises. There were lots of food and beverages around the corner. You can see through the eyes of each and every Rotarians the happiness and eagerness as they take part in witnessing the newly inducted Officers and Directors of each club. This event would not have been successful without the joint effort of every President of each club. Of course, I want to thank Treas. Bernard Cansana who single-handedly took care of the peace and order situation of the proceedings as the District Sgt. At Arms. PP Fabi Cadiz, as one of the emcees, truly displayed his charm and undiminished style to the delight of the audience. VP Dodgie Cabalquinto who carried the uniquely designed Bell and Gavel during the procession, SAG Noel Flores for being in-charge of the protocol, and certainly to my ever diligent and hard working secretary, Allan Perez, who's in charge as the program director. I'm also delighted to see the 65 members and spouses who attended and witnessed the event.

As PP Manny de Guzman and yours truly have promised, we have already released the Souvenir Ad Program that have generated for the club an initial budget to start our line up of projects for this Rotary year. My deepest gratitude also to PP Manny de Guzman for designing the cover of Valley Wheel and Souvenir Program.

As the newly inducted President of the Rotary Club of Marikina, I strongly encourage my fellow inducted Officers and Directors... for us to work hand in hand to lead our Rotarians to achieve the best and be victorious! The opportunity is in our hands right now. Let us strive to be instruments of progression and success!

Unli Call & Text Message

Sec. Allan SM Perez



Tonight is the re-launching of our website headed by our ever dependable PP Dindo Santos. He will teach us some new features. Also, our bulletin can now be downloaded from the site.

On Tuesday, July 20, 2010, let us accompany PP Manny and meet the prospective Rotarians from Rodriguez, Rizal. The meeting will be held at 12:00 noon in Popoy’s Grill situated at the new Montalban Town Center 2.

Our Rotarian Friends from District 2770 will be arriving on Thursday, July 22, 2010 to attend our regular club meeting and fellowship. Everyone is requested bring along your spouses for this will be a ladies’ night. The attire will be President Ronie’s barong.

On July 29, our very own Mayor Del will be the speaker for that night. He will discuss the plans of the city administration during his term of office. We will also have the chance to share our thoughts and ideas that may be beneficial to the city of Marikina.

We are now appealing to all duckpin bowlers to please inform PP Onie Aguinaldo if you are interested in joining the District duckpin tournament which will start on August 8, 2010.

Reminder: Please start paying your semi-annual dues to our office secretary, Jean Josef. For those who still have arrears, kindly settle it soon. Thanks and enjoy the rest of the evening!

CALENDAR OF EVENTS			
20 July	12:00NN	Popoy’s Grill Rodriguez, Rizal	Club Extension
22 July	8:00PM	MRYC	Japanese Visit / Ladies Night
24 July	6-10AM	Aerodome	District Badminton Leveling
31 July	6-10AM	Aerodome	District Badminton Leveling
5 Aug	TBA	TBA	Book Donation
7 Aug	6:00PM	Club Filipino	1 st District Mass Induction
8 Aug	8:00AM	Market Place Mandaluyong	Duckpin Bowling
15 Aug	8:00AM	Market Place Mandaluyong	Duckpin Bowling

People, Events & Places



RC Marikina Rotarians during the 61st Joint Handover and Induction Ceremonies of RC Malolos and the IWC of Malolos. In these photos are PDG Efren, PP Flor, PP George, Pres. Ronie, VP Dodjie, Treas. Bernard, Dir. Hermie and Sec. Allan.



The first Board of Directors' meeting for RY 2010-2011 held last July 5, 2010 at MRYC with all board members present that evening.



OCAI Fun Run, hosted by our sister club RC Ortigas Center, held last June 27, 2010 in the heart of Ortigas Center. Rotarians from the different clubs of District 3800 and our very own Rtn. Joel Valenzuela, who joined the 3K event, took a time off and participated in this marathon.

People, Events & Places



People, Events & Places



RC Marikina Rotarians and Spouses during the 18th Zone 4 Joint Induction last July 10, 2010, held at the Marikina Convention Center. About 65 Rotarians and Spouses attended the said event. Thank you for all the support! Godspeed!



Why Join Your Local Rotary Club?

Professional Networking

A founding principle of Rotary was to meet periodically to enjoy camaraderie and enlarge one's circle of business and professional acquaintances. As the oldest service club in the world, Rotary club members represent a cross-section of the community's owners, executives, managers, political leaders, and professionals people who make decisions and influence policy.

Service Opportunities

Club members have many opportunities for humanitarian service, both locally and internationally. Service programs address such concerns as health care, hunger, poverty, illiteracy, and the environment. Rotarians experience the fulfillment that comes from giving back to the community.

International Awareness

With more than 32,000 clubs in over 200 countries & geographical areas, Rotarians gain an understanding of humanitarian issues through international service projects and exchange programs. One of Rotary's highest objectives is to build goodwill and peace throughout the world.

Friendship

Rotary was founded on fellowship, an ideal that remains a major attraction of membership today. Club members enjoy the camaraderie with like-minded professionals, and club projects offer additional opportunities to develop enduring friendships. Rotary club members who travel have friendly contacts in almost every city in the world.

Good Citizenship

Weekly Rotary club programs keep members informed about what is taking place in the community, nation, and world and motivated to make a difference.

Family Foundations

Rotary sponsors some of the world's largest youth exchange, educational exchange, and scholarship programs. Rotary clubs provide innovative training opportunities and mentoring for young leaders and involve family members in a wide range of social and service activities.

Entertainment

Social activities give Rotarians a chance to let loose and have fun. Every Rotary club and district hosts parties and activities that offer diversions from today's demanding professional and personal schedules. Conferences, conventions, assemblies, and social events provide entertainment as well as Rotary information, education, and service.

Ethical Environment

Encouraging high ethical standards in one's profession and respect for all worthy vocations has been a hallmark of Rotary from its earliest days. In their business and professional lives, Rotarians abide by The Four-Way Test:

Of the things we think, say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it BUILD GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Leadership Development

Rotary is an organization of successful professionals. Team building, fundraising, public speaking, planning, organization, and communication are just a sampling of the leadership skills that club members can exercise and enhance. Being a Rotary leader provides further experience in learning how to motivate, inspire, and guide others.

Diversity in Membership

Rotary's classification system ensures that a club's membership represents a variety of the community's professional men and women, including leaders in business, industry, the arts, government, sports, the military, and religion. Rotary clubs are nonpolitical, nonreligious, and open to all cultures, races, and creeds.





Broccoli



Broccoli is a member of the cabbage family, and is closely related to cauliflower. Its cultivation originated in Italy. Broccolo, its Italian name, means "cabbage sprout." Because of its different components, broccoli provides a range of tastes and textures, from soft and flowery (the floret) to fibrous and crunchy (the stem and stalk). Do not let the smell of the sulfur compounds that are released while cooking keep you away from this highly nutritious vegetable.

Cruciferous Vegetables Help Lower Risk of Certain Aggressive Prostate Cancers

Researchers from Canada and the U.S. evaluated the association between prostate cancer risk and intake of fruits and vegetables in 29,361 men in the Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial. While there was no relationship found between overall prostate cancer risk and fruit and vegetable consumption, there was a relationship found between aggressive stage III and stage IV cancers that had expanded beyond the prostate gland (called extraprostatic prostate cancers) and vegetable intake. Consuming at least one weekly serving of cruciferous vegetables was associated with a near 40% reduction in risk of stage III and stage IV tumors risk, with broccoli and cauliflower offering the most protection. Men eating broccoli more than once a week were 45% less likely to develop stage III and IV prostate cancers, and eating cauliflower more than once a week conferred a 52% reduction in stage III and stage IV prostate cancer risk. (Kirsh VA, Peters U, et al., *J Natl Cancer Inst.*)

Source: <http://www.whfoods.com/genpage.php?tname=foodspice&dbid=9>





“At least 20 people were confirmed dead on Wednesday after Typhoon “Basyang” (international codename: Conson) ripped across the Philippines, sweeping shanties into the sea and bringing the nation's capital to a standstill.” “This year’s typhoon season got off to a bad start for the Philippine Atmospheric, Geophysical and Astronomical Services Administration (PAGASA) as its warning that “Basyang” would directly hit Metro Manila might have come too late. “

That is the news from Philippine Daily Inquirer yesterday which causes more than 20 hours of blackout and the reason for the delay of this article. I just learned the news from my net book as soon as the power was restored and started writing this article to beat the deadline set by Sec Allan.

Why do we have typhoon and how is it formed? Is this part of our ecology? Yes, by all mean typhoons is part of our life. Our country is located near the Pacific basin and Pacific **typhoon** or **tropical storm** is a tropical cyclone that develops regularly in this area

Tropical cyclone is a storm system characterized by a large low-pressure center and numerous thunderstorms that produce strong winds and heavy rain. Tropical cyclones feed on heat released when moist air rises, resulting in condensation of **water vapor** contained in the moist air.

The term "tropical" refers to both the geographic origin of these systems, which form almost exclusively in **tropical** regions of the globe, and their formation in maritime tropical air masses. The term "cyclone" refers to such storms' **cyclonic** nature, with **counterclockwise rotation** in the **Northern Hemisphere** and **clockwise rotation** in the **Southern Hemisphere**. Depending on its location and strength, a tropical cyclone is referred to by names such as **hurricane**, **typhoon**, **tropical storm**, **cyclonic storm**, **tropical depression**, and simply **cyclone**.

How are the typhoons named?

The list of names consists of entries from 17 East Asian nations and the United States who have territories directly affected by typhoons. The submitted names are arranged into five lists; and each list is cycled with each year. Unlike hurricanes, typhoons are not named after people. Instead, they generally refer to animals, flowers, astrological signs, and a few personal names. However, PAGASA retains its own naming list, which does consist of human names. Therefore, a typhoon can possibly have two names. Storms that cross the date line from the Central Pacific retain their original name, but the designation of hurricane becomes typhoon. In Japan and Vietnam, typhoons are simply numbered according to the sequence of their occurrence in the calendar year. Hence the third typhoon in a given year is simply "Typhoon No. 3".

The more we understand about it the more we can prepare from its destructive effects. More about Typhoons next issue.

Project Report



By SAG Noel S. Flores

“The Best is yet to come...”

We have a saying in Rotary that “the best is yet to come!!!!... This is also a practice and a very good tradition that any club president, chairman or district governor could always adapt. Raising the bar of excellence, going out of the box. Be Bigger!!! Better!!! And Bolder!!!

This also serves as an inspiration to me in organizing one of the Best if not the Best District Handover and Induction Ceremonies (that’s according to feedbacks) that we all witnessed last July 1, 2010 at the Ballroom of Crowne Plaza Hotel.

The event could speak for itself and I am so happy to announce that as of this date, I haven’t received any negative feedback. It was a well attended affair with almost 600 Rotarians and Guests. We have also a lot of “firsts” during that night as mentioned by our hands-on DG Jun on his Governor’s Monthly Letter.

Success can’t be spelled without “u.” You - members of the Handover Committee; you - members of RC Marikina. MARAMING MARAMING SALAMAT PO!!! This was a result of teamwork, hardwork, dedication, cooperation and LOVE for our club and our Governor. God Bless RC Marikina... and let us all continue to be BIGGER, BETTER and BOLDER!



***For a copy of this bulletin, please visit our website www.marikinarotary.org
Go! Go! Global!***

SERVICE PROJECTS CHAIRMEN FOR RY 2010-2011			
CLUB ADMINISTRATION		Director Responsible: Sec. Allan Perez	
1. Attendance	PP Dindo Santos	PP Flor Dela Paz	
2. Club Bulletin	ASec. Val Barcina	Rtn. Harold Nanquil	
3. Program	Sec. Allan Perez	ASec. Val Barcinal	
4. Constitution & By-Laws	PP Tony Fidelino	PP Al Ancheta	
5. Ways & Means	PP Kiko Pe Benito	PP Eric Ignacio	
6. Club Historian	PP Romy Cruz	PP Flor dela Paz	
7. Website	PP Dindo Santos	VP Dodjie Cabalquinto	
8. Fellowship and Arts	Rtn. Jun Jun Farcon	Rtn. Elmer Tan	
9. Sports Table Tennis Tournament	PP Onie Aguinaldo		
Chess Tournament	PP Dante Verano		
Marathon	PD Eduard Farcon		
10. Grievance	PP Tony Fidelino		
MEMBERSHIP		Director Responsible: Dir. Chris Meriño	
1. Classification	PP Boy Ong	PP Eric Ignacio	
2. Membership	PP Tony Fidelino	PP Fabi Cadiz	
3. Membership Growth & Dev't	PP Joe Lee	PP Eric Ignacio	
4. Rotary Information	IPP Vincent Santos	PDG Efrén de Guzman	
5. Rotary Academy/Fireside	PP Joe Judan	PP Boy Ong	
6. Family Outing	Rtn. Patrick Ong	PP Dante Verano	
7. Club Extension	PP Manny de Guzman	PP Boy Ong	
CLUB PUBLIC RELATIONS		Director Responsible: Dir. Pat Corpus	
1. Public Relations	Rtn. Manolo Favis	PP Rene Florencio	
2. Public Image	PD Rey Montoya	PP Onie Aguinaldo	
3. Interclub Relations Local	PP George Ty	PP Noel Flores	
4. Interclub Relations International	PDG Efrén de Guzman	PP Fabi Cadiz	
SERVICE PROJECTS		Director Responsible: Dir. Hermie dela Paz	
A. FAMILY OF ROTARY			
1. Children at Risk/Child Protection Program	PD Claro Capco	PD Ed Navarro	
2. Rotary Community Corps	Rtn. Dan Sibal	Rtn. Tops Rodriguez	
3. Rotary Volunteers	PP Rudy Valentino	PP Rene Florencio	
4. Rotary Recreation & Vocational Fellowship	PP Rene Florencio	PP Al Ancheta	
B. HEALTH and HUNGER		Director Responsible: Dir. Benjie Malaya	
1. Medical & Dental Services	ASec. Val Barcinal	PD Nestor Garcia	
2. Blood Letting	PP Jun Garduño	PD Ed Navarro	
3. Emergency & Disaster Svcs	Rtn. Vic Sabiniano	PP Joe Judan	
4. Preventable Blindness	PP Jimmy Capco	PP Dindo Santos	
5. Adopt-A-Hospital	PP Al Ancheta	PP Ading dela Paz	
6. Dengue Prevention	ASec. Val Barcinal	PD Ed Navarro	
7. Concern for The Elderly / Handicapped	PP Ading dela Paz	PP Greg deGuzman	
8. Integrated Impact Feeding	Rtn. Charlie Dytan	ASec. Val Barcinal	
9. Operation Tuli	PD Ed Navarro	Rtn. Harold Nanquil	
10. Drug Abuse Prevention	Rtn. Carlos Balquiedra	Rtn. Vic Sabiniano	
C. POVERTY ALLEVIATION		Director Responsible: Dir. Willie Reyes	
1. Livelihood Training & Skills Development	Rtn. Elmer Tan	PD Eduard Farcon	
2. Vocation at Work/ Vocational Awareness	PD Celso Cruz	PD Jessie Cruz	
3. Christmas Gift Giving	PD Jessie Cruz	Rtn. Charlie Dytan	
D. WATER MANAGEMENT & ENVIRONMENTAL CONCERN		Director Responsible: Treas. Bernard Cansana	
1. Environmental Protection	ASec. Val Barcinal	PP George Ty	
2. Water Mgmt Projects	PD Boyet Allas	PP Boy Ong	
E. LITERACY & VALUES FORMATION		Director Responsible: VP Dodjie Cabalquinto	
1. Rotary Scholarship	PP Ver Farcon	PE Del de Guzman	
2. Timpalak sa Pagsulat at Pagbigkas	ASec. Carl Tan.	Rtn. Jon Cobarrubias	
3. Student Leadership Award	Rtn. Jon Cobarrubias	Rtn. Dan Sibal	
4. Storytelling Contest	Rtn. Jerome Josef	Rtn. Tops Rodriguez	
5. Adopt-A-School	PP Ver Farcon	PP Flor dela Paz	
6. Book Donation	Rtn. Jon Arrellana	Rtn. Willie Reyes	
7. School for Children with Special Needs	PP Noel Flores	PD Claro Capco	
8. Alternative Learning Center	Rtn. Tops Rodriguez	PP Fabi Cadiz	
9. Career Development	Rtn. Joel Valenzuela	Rtn. Tops Rodriguez	
THE ROTARY FOUNDATION		Director Responsible: PE Del de Guzman	
1. TRF Contribution	PP Roland Garcia	PP Onie Aguinaldo	
2. Polio Plus	PD Nestor Garcia	PP Jun Garduño	
3. Matching Grant	PP Boy Ong	PP Tony Fidelino	
4. Group Study Exchange	PP Dante Verano	PP Noel Flores	
5. Youth Exchange	PP Fabi Cadiz	PP Rudy Valentino	
6. World Community Service	PP Tony Fidelino	PP Joe Judan	
NEW GENERATION		Director Responsible: IPP Vincent Santos	
1. New Gen. Conference	ASec. Carl Tan	PD Boyet Allas	
2. Artista ng Bayan	Rtn. Harold Nanquil	Rtn. Tops Rodriguez	
3. Rotaract / Interact / RYLA	PP Dante Verano	Rtn. Jon Cobarrubias	
SPECIAL EVENTS		Director Responsible: Dir. Willie Reyes	
1. Induction of Officers	PE Del de Guzman		
2. District Assembly	PE Del de Guzman		
3. Christmas Party	PP Eric Ignacio	PP Flor dela Paz	
4. Club Anniversary	PP Fabi Cadiz	PP Eric Ignacio	
5. District Conference	Rtn. Willy Cruz	PP Fabi Cadiz	
6. Photo Exhibit	PP Manny de Guzman	PP Dindo Santos	
7. Souvenir Program	PPManny de Guzman	PP Dante Verano	
8. Tenpin Bowling	PP Joe Judan	PP Kiko Pe Benito	
9. Duckpin Bowling	PP Onie Aguinaldo	PD Celso Cruz	
10. District Golf Tournament	PP Boy Ong	PP Noel Flores	
11. Palarotary	Rtn. Jon Cobarrubias	Rtn. Willy Cruz	
12. Awards & Recognition	PP Manny de Guzman		
13. Club Valentines Party	PP Flor dela Paz	Rtn. Jon Arcellana	
14. Club Awards Night	PE Del de Guzman		
OFFICERS RY-2010-2011			
PRESIDENT:	RONIE P. MASANGKAY		
VICE-PRESIDENT:	JAIME N. CABALQUINTO		
PRESIDENT-ELECT:	DEL R. DE GUZMAN		
SECRETARY:	ALLAN S.M. PEREZ		
ASSISTANT SECRETARY – ADMIN:	VAL A. BARCINAL		
ASSISTANT SECRETARY – SERVICE:	CARL JEFFREY S. TAN		
TREASURER:	BERNARD H. CANSANA		
ASSISTANT TREASURER:	NORBERTO L. COBARRUBIAS JR.		
AUDITOR:	ELMER J. TAN		
ASSISTANT AUDITOR:	PATRICK T. ONG		
CHIEF SERGEANT-AT-ARMS:	ROLANDO C. GARCIA		
ASSISTANT SERGEANT-AT-ARMS :	MANUEL P. DE GUZMAN		
ASSISTANT SERGEANT-AT-ARMS:	CELSO C. CRUZ		
PROTOCOL:	VIRGILIO S. FARCON SR.		
P.R.O.:	EDUARD G. FARCON		
ASSISTANT P.R.O.:	JEROME D. JOSEF		
CLUB TRAINER:	DINDO FERDINAND C. SANTOS		
ASSISTANT CLUB TRAINER:	ANTONIO B. FIDELINO		
EX-OFFICIO:	VINCENT C. SANTOS		
DIRECTORS:	PATERNO S. CORPUS		
	CHRISTOPHER U. MERIÑO		
	MARIO HERNANDO R. DE LA PAZ		
	BENJAMIN EDSSEL V. MALAYA		
	WILFREDO E. REYES		



Roster of Attendance

	Rotarian	Classification	Induction	Spouse	July				
					1	10			
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	P	P			
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine	M	P			
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella					
4	Balquiedra, Carlos P.	Banking - Commercial	05/07/2009	Ruby					
5	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	P	P			
6	Cabalquinto, Dodye N.	Building Construction	01/20/2005	Dolly	P	P			
7	Cadiz, Fabi I.	Medicine - General	03/16/2000		P	P			
8	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	P	P			
9	Capco, Claro L.	Education	07/05/2002	Jehan					
10	Cobbarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008		P				
11	Corpus, Pat S.	Secondary Administration	10/26/2006		P	M			
12	Cruz, Celso C.	Insurance - Non-Life	6/18/1998						
13	Cruz, Jessie F.	Auto Parts Distribution	11/4/1993	Isay	P	P			
14	Cruz, Willy R.	Architecture	10/6/2005	Liza	P				
15	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy	P	P			
16	De Guzman, Efen O.	Memorial Service	7/29/1982	Pam	P	P			
17	De Vera, Lito P.***	Medicine – General	6/18/1998	Lil					
18	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	P	P			
19	Dela Paz, Hermie	Financial Consultancy	12/4/2008		P	P			
20	Dytan, Charlie J.	Shoe Supply Distribution	3/18/1999	Nenita	P	P			
21	Farcon, Eduard G.	Auto Parts Distribution	10/11/2001	Nancy	P	P			
22	Farcon, Jun G.	Taxation	4/22/1988	Zeny	P	P			
23	Farcon, Jun Jun M.	Bakeshop Products Distribution	7/5/2002	Che	P				
24	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	P	P			
25	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora	P	P			
26	Flores, Noel S.	Vertical Construction	11/7/2002	Vivian	P	P			
27	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora					
28	Garcia, Roland C.	TV Programming & Marketing	11/14/1991	Marivic	P	P			
29	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	P	P			
30	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri	M	M			
31	Judan, Joe A.	Engineering - Civil	3/17/1991	Minia		P			
32	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	P	M			
33	Masangkay, Ronie P.	Laboratory Service	11/17/2002	Liza	P	P			
34	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	P	P			
35	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn					
36	Nanquil, Harold S.	General Surgery	10/25/2007	Mars					
37	Ong, Patrick T.	Concrete Products Manufacturing	09/03/2009		P	P			
38	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette	P	P			
39	Perez, Allan S.M.	Telecommunications	4/6/2006	Pauline	P	P			
40	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	P	P			
41	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	P	M			
42	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam					
43	Santos, Dindo C.	Medicine – Family	8/14/1997	Cecil	P	P			
44	Santos, Vincent C.	Medicine – Endocrinology	7/1/2000	Eula	P	P			
45	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	M				
46	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009		P	M			
47	Tan, Elmer J.	Corporate Give Aways	7/30/2009	Ellen	P	P			
48	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	P			
49	Valenzuela, Joel	Health & Wellness product Distribution	5/07/2009	Elsa	M				
50	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	P			

Roster of Attendance

	Rotarian	Classification	Induction	Spouse	July				
					1	10			
Exempted									
51	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	P	E			
52	Capco, Jimmy P.	Medicine - EENT	1/4/1968	Lanie	P	P			
53	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	E			
54	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	E	E			
55	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	E			
56	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	P	P			
57	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	E	E			
58	Farcon, Ver S.	Law - Corporate	3/17/1971		P	P			
59	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		E	E			
60	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	E	E			
61	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	P			
62	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	P	P			
63	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	P	P			
64	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	P			
65	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	P	E			
66	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	P	E			
67	Valentino, Rudy B.	Shoe Retailing	2/11/1982		E	P			
68	Don Emilio Yap	HONORARY MEMBER							
	** Charter Member	***Exempted due to protracted illness							
	LEGEND:	P - Present	M - Make-up	E-Exempted					

<p>MAKE-UP</p> <p>OCAI Fun Run (June 27) Rtn. Tops Rodriguez-07/10 Rtn. Dan Sibal—07/01 Rtn. Joel Valenzuela-07/01</p> <p>Computer Donation at H. Bautista Elementary School (Jul 1) Dir. Pat Corpus-07/10</p> <p>Integrated Medical Mission/Tree Planting (Jul. 4) Dir. Benjie Malaya-07/10 Rtn. Jerome Josef-07/10</p> <p>EXTRA ATTENDANCE</p> <p>OCAI Fun Run (June 27) Pres. Ronie Masangkay, Sec. Allan Perez, VP Dodjie Cabalquinto,</p> <p>Computer Donation at H. Bautista Elementary School (Jul 1) Pres. Ronie masangkay, IPP Vincent Santos, VP Dodjie Cabalquinto, Dir. Pat Corpus, Dir. Hermie dela Paz, Sec. Allan Perez</p> <p>Integrated Medical Mission/Tree Planting (Jul. 4) Pres. Ronie Masangkay, PE Del de Guzman, VP Dodjie Cabalquinto, PP Boy Ong, PP Manny de Guzman, PP George Ty, PP Jimmy Capco, PP Dindo Santos, Treas. Bernard Cansana, Dir. Pat Corpus, Dir. Hermie dela Paz, PP Dante Verano, Asec. Val Barcinal, Dir. Benjie Malaya, Rtn.</p>	<p>Jerome Josef, Sec. Allan Perez, Dir. Chris Meriño, IPP Vincent Santos, PP Fabi Cadiz</p> <p>Public Image Launching/Motorcade (Jul. 4) Pres. Ronie Masangkay,VP Dodjie Cabalquinto, PP Manny de Guzman, Treas. Bernard Cansana, Dir. Pat Corpus, Dir. Hermie dela Paz, Rtn. Jerome Josef, Sec. Allan Perez, Dir. Chris Meriño, PP Fabi Cadiz</p> <p>Board Meeting (Jul. 5) Pres. Ronie Masangkay, IPP Vincent Santos, Sec. Allan Perez, Treas. Bernard Cansana, Dir. Pat Corpus, Dir. Hermie de la Paz, PE Del de Guzman, Dir. Benjie Malaya, VP Dodjie Cabalquinto, Dir. Wilie Reyes, Dir. Chris Meriño, Rtn. Tops Rodriguez, Rtn. Patrick Ong, PP Dindo Santos, Asec. Val Barcinal, Rtn. Jerome Josef, PP Fabi Cadiz</p> <p>District Officers Meeting (Jul. 6) SAG Noel Flores, PP Eric Ignacio, Treas. Bernard Cansana, Dir. Hermie de la Paz</p> <p>RC Metro Marikina (Jul. 7) VP Dodjie Cabalquinto</p> <p>RC Northbay East (Jun 6), RC Cosmo San Juan (Jun 25), RC Downtown San Juan (Jun 28), RC Pasig (Jun 29)RC San Juan North (Jul. 8), RC Grace Park (Jul.9), RC Valenzuela (Jul.13), PDG Efren de Guzman</p>
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*Engr. Dante L. Verano,
RC Marikina Past President RY 2002-2003
Spouse Noemi Verano, WOC Marikina Past President
And Rotakid Dante Leonardo Verano & Toffie*

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DISTRICT 2770 VISIT TO RC MARIKINA	
JULY 22, 2010	
12:00 pm	Assembly at MRYC
1:00 pm	JAL Arrival at NAIA 1
3:00 pm	Visit to Vice Mayor's Office Justice Bldg.
3:30 pm	Courtesy Call to Mayor Del de Guzman\ Marikina City Hall Welcome Snacks Rondalla Band
6:00 pm	Presentation to ALS Students Reporting of WCS Projects by IPP Vincet Santos
7:00 pm	Regular Meeting Fellowship
11:00 pm	Fellowship—Videoke
12:30 MN	Go back to Century Park Sheraton
JULY 25, 2010	
Morning	Fellowship Golf & DG Jun Farcon at Tagaytay
Attire: Pres. Ronie's Club Barong	

Notes

Make-Up Corner	
Name of Visiting Rotarian	_____
Signature of Club Secretary	_____

