

Programme

Voume 46 Weekly Meeting No. 4

July 29, 2010

FORUM WITH HON. MAYOR DEL R. DE GUZMAN

- | | | |
|------|---|-------------------------------|
| I. | Registration | |
| II. | Program | |
| | Call to Order | - Pres. Ronie P. Masangkay |
| | Invocation | - PP Jun A. Garduño |
| | Philippine National Anthem | - PD Celso C. Cruz |
| | Rotary Pledge & The 4-Way Test | - PP Kiko Pe I. Benito |
| | Introduction of Visiting Rotarians & Guests | - PD Eduard G. Farcon |
| | Entertainment | - PP George S. Ty |
| | Recognition | - Rtn. Tops N. Rodriguez |
| | Rotary Information | - IPP Vincent C. Santos |
| | Forum with Marikina City Mayor | - Hon. Mayor Del R. de Guzman |
| | Moderator | - PP Jimmy Capco |
| | Secretary's Time | - Sec. Allan SM Perez |
| | President's Time | - Pres. Ronie P. Masangkay |
| | RC Marikina March | |
| | Adjournment | - Pres. Ronie P. Masangkay |
| | Weekly Raffle | - Lt.Gov. Fabi I. Cadiz |
| III. | Fellowship | |

PP Roland C. Garcia
Master of Ceremonies

Valley Wheel is the official bulletin of the Rotary Club of Marikina

Sec. Allan SM Perez – Editor-in-Chief
Asec. Val A. Barcinal—Deputy Editor-in-Chief
Columnist/Contributors; Pres. Ronie P. Masangkay, ASec. Val A. Barcinal, Dir.
Benjie Malaya, IWC of Marikina, RCC Marikina Valley, Rotaract Club of
Marikina & Marikina GIMIK, Grupo Singko, Acknowledgement: PP Manny
de Guzman, ALS Computer Learning, Mr. Joshua Alonzo
Additional Photos by PP Kiko Pe– Benito, PP Manny de Guzman, Pres. Ronie
Masangkay, VP Dodjie Cabalquinto
The Rotary Club of Marikina was admitted to the Rotary International on
March 18, 1965, with postal address at Marikina Rotary Youth Center, Sumu-
long Hi-way, Sto. Niño, Marikina City, Philippines 1800
Tel. 9423720 – url; www.marikinarotary.org

THE ROTARY PLEDGE

I do solemnly promise to help advance the object of Ro-
tary, comply with the constitution and by-laws of Rotary
International and the Rotary Club of Marikina, ever putting
into practice Rotary's Motto: "SERVICE ABOVE SELF."

THE FOUR WAY TEST

Of things we think, say or do:

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and better FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

<p style="text-align: center;">PRAYER</p> <p><i>God our Father, You are awesome and worthy of all praises.</i></p> <p><i>If we find ourselves in difficult circumstances, Your words offers the surprising instruction to count it all, knowing that the testing of our faith produces patience. We seek You Father for wisdom that we might know how to respond properly to our trials, sorrow, and pain. And let our confidence grow by trusting and obeying our Lord and His Word.</i></p> <p><i>Give us the faith of a little child—a faith that will look to You that never will falter and never fail but follow You trustingly.</i></p> <p><i>As we live faith and do what the Bible clearly tells us to do, we can be sure that You will lead us through the difficult decision and give us victory. In everything we give thanks; for this is the will of God in Christ Jesus. Amen.</i></p>	<p>ROTARY CLUB OF MARIKIAN MARCH</p> <p>Music: PP Jimmy Capco Lyrics: Rtn. Francisco Pascual; Arranger: Rtn. Allan SM Perez</p> <p>Come sing with us for fellowship A song of camaraderie Then give your hand in fond friendship To Marikina Rotary</p> <p>We love to share our thoughts with you And lavish in your company So, come each meeting day please do To Marikina Rotary</p> <p style="text-align: center;">Refrain</p> <p>Motto of SERVICE ABOVE SELF Is not a mere phraseology Participate with zeal and zest In Marikina Rotary</p> <p>Let us Rotarian serve all Our beloved community Then we can accentuate the goal Of Marikina Rotary</p>																		
<p style="text-align: center;">PROGRAMME</p> <p style="text-align: center;">August 5, 2010</p> <table> <tr> <td>Invocation</td><td>Dir. Pat Corpus</td></tr> <tr> <td>National Anthem</td><td>Rtn. Charlie Dytan</td></tr> <tr> <td>Rotary Pledge & The Four Way Test</td><td>PP Dindo Santos</td></tr> <tr> <td>Introduction of Visiting Rotarians & Guests</td><td>PD Boyet Allas</td></tr> <tr> <td>Entertainment</td><td>Asec. Carl Tan</td></tr> <tr> <td>Recognition</td><td>PP Joe Lee</td></tr> <tr> <td>Raffle</td><td>SAG Noel Flores</td></tr> <tr> <td></td><td>Rtn. Jon Cobarrubias</td></tr> <tr> <td></td><td>Emcee</td></tr> </table>	Invocation	Dir. Pat Corpus	National Anthem	Rtn. Charlie Dytan	Rotary Pledge & The Four Way Test	PP Dindo Santos	Introduction of Visiting Rotarians & Guests	PD Boyet Allas	Entertainment	Asec. Carl Tan	Recognition	PP Joe Lee	Raffle	SAG Noel Flores		Rtn. Jon Cobarrubias		Emcee	
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<p style="text-align: center;">DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION</p> <p>As a Rotarian engaged in business or profession, I am expected to:</p> <ol style="list-style-type: none"> 1. Consider my vocation to be another opportunity to serve; 2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community 3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation 4. Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship; 5. Recognize the honor and respect due to all occupations which are useful to society; 6. Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community. 7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession 8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships 	<div data-bbox="987 1390 1214 1629" data-label="Image"> </div> <p style="text-align: center;">Congratulations! Dir. Benjie Malaya on your 14th year—Aug. 1</p> <p style="text-align: center;"><i>Happy Blessed Birthday!</i> Rtn. Caloy Balquiedra—Jul. 31 Sps. Nancy Farcon—Jul. 31</p>																		

Microscopic Findings

Pres. Ronie P. Masangkay



It was a very successful and rewarding day on July 22, as the WCS Mission on its 6th year, our Japanese Rotarian friends from District 2770 was in the country for their traditional visit to the Alternative Learning School/Computer Room at MRYC ground floor. For the record, the WCS project was funded by them and truly benefited a lot of our Filipino children and students alike. They have once again extended their generosity by granting new funds for the said project. Thanks to our Japanese friends for their valuable contributions for the upliftment of the plight of our less fortunate brothers and sisters.

I am deeply proud to recognize the following Rotarians who gave their best effort to support the visitation of our Japanese friends namely: District Governor Jun Farcon, for hosting the lunch in their house in Tagaytay and accompanying our Japanese friends in playing golf in Splendido Golf Course together with PP Onie Aguinaldo, PP George Ty, PP Noel Flores and Rtn. Willy Cruz; PP Fabi Cadiz, for arranging the day's itinerary and lending the coaster van of the City Government for our easy mobilization; of course, the Japanese Visitation Committee Chairman, the talented and promising Rtn. Patrick Ong, who gave his superb skill and ability to sustain the needs of our Japanese friends. Not to mention, our fellow Rotarians who assisted and have given their all-out support, from the arrival up to the departure of our friends, they are: PP Flor and Sps Vising, PP Boy and Sps. Corrie, PDG Efren, PE Del, VP Dodjie, PP Kiko, Treas. Bernard, Dir. Hermie, PD Eduard, Asec. Carl, Rtn. Jon Jon, Rtn. Joel, Rtn. Tops, Rtn. Dan and Sec. Allan.

The TRF forum, conducted by the District and hosted by RC San Juan and RC Sampaguita Grace Park, last Saturday, July 24, 2010, coincided with the presence of our Japanese friends of the WCS Mission. It was very timely and essential at the same time. During the forum, the Speakers taught the Global Presidents the procedures involved in applying for the Matching Grants, WCS and District Simplified Grants. My sincere appreciation to the following Rotarians who accompanied me to the activity, like PE Del, PP Ver, PDG Efren, PP Dindo, IPP Vincent, Dir. Hermie, Treas. Bernard and Sec. Allan.

In the afternoon of Saturday, July 24, our Badminton group headed by the Zone Badminton coordinator, PP Kiko, together with Dir. Cris and Sps. Mina attended the leveling to classify their category in Aerodrome at Taytay Rizal. The Tournament will start on the 1st week of September. Let's pray for the best for our Badminton group

Tonight let us hear the talk of our speaker in the person of our very own Mayor and President Elect Del de Guzman in various concerns of the City Government of Marikina.

Unli Call & Text Message

Sec. Allan SM Perez



Tonight, we will have a chance to share our views with Mayor/PN Del as he voice out all his plans and objectives for the city of Marikina during his term of office until 2013 or should we say 2019.

This Saturday, July 31, is the continuation of the District Badminton Leveling. Those who are still interested to join, please proceed to Aerodome Badminton Center, located at Valley Fair Town Center, Ortigas Extension, Taytay, Rizal.

On August 3, 2010, the prospective members of the future RC Rodriguez will accomplish their forms to be submitted to Rotary International for chartering. Please join us and witness this historic event and support PP Manny and our global Pres. Ronie in fulfilling this dream of extending Rotary to our neighboring town.

The next meeting for our club extension in Rodriguez, Rizal will be on August 3, 2010. We are now close to reaching the required club strength of 20 members. Let us support PP Manny by inviting some of our friends from the said area to join and to meet the very eager group of prospective Rotarians.

On August 5, we will conduct a book a donation to H. Bautista Elementary School in Concepcion Uno, along J.P. Rizal Street, at 9:00AM. Please wear Club Barong.

Calling all members of the Board: August 3, 2010, 7:00PM is the 2nd board meeting for this Rotary Year. Please come on time.

The board approved to publish the proposal of RIEL BANARIA into membership. Article XI, Section 5 of our constitution and by-laws states that: "If no written objection to the proposal stating reasons thereon, is received by the board from any member of the club within 10 days following publication of the name of the prospective member, shall be considered elected to membership."

CALENDAR OF EVENTS			
31 July	6-10AM	Aerodome	District Badminton Leveling
02 Aug	7:00PM	MRYC	Board Meeting
3 Aug	12:00NN	Popoy's Grill	Club Extension Meeting
		MTC 2	
		Rodriguez Rizal	
5 Aug	TBA	H. Bautista	Book Donation
		Elem School	
7 Aug	2:00PM	Club Filipino	1 st District Mass Induction
8 Aug	8:00AM	Market Place	Duckpin Bowling
		Mandaluyong	
15 Aug	8:00AM	Market Place	Duckpin Bowling
		Mandaluyong	

People, Events & Places

D2770 Friendship Visit, July 22



RCM members welcoming the arrival of D2770 Friendship visit delegates at NAIA Airport.



D2770 delegates visit to Vice Mayor Fabi Cadiz's Office in Justice Hall.



D2770 accompanied by RCM Rotarians courtesy call to Mayor Del de Guzman at the Marikina City Hall.



PAG Toujoh endorsing a donation from 2 of the members of RC Omiya East.



RC Marikina Rotarians with D2770 delegates during its visit to the club.

People, Events & Places

Fellowship with D2770 Friendship Visit Delegates in Tagaytay City, July 25



Lunch hosted by DG Jun Farcon & DGL Zeny in their Rest house in Tagaytay City. (07/25)



Japanese Guests and RCM Rotarians with DG Jun Farcon & DGL Zeny in the garden of their rest house in Tagaytay.



Fellowship Golf with Japanese Guests at Spondido Golf Course, Tagaytay. (07/25).



In Taal Vista Lodge. (07/25).



Japanese Guests treated to dinner at King Bee Restaurant, Sta. Rosa, Laguna with Pres. Ronie, SAG Noel, Rtn. Willy and Sec. Allan. (7/25)

People, Events & Places



The Rotary Foundation and World Community Service Forum (Workshop) last July 24 at Club Filipino. Present were DG Jun Farcon, PDG Efren, Pres. Ronie, PP Ver, PP Dindo, IPP Vincent, PE Del, Sec. Allan, Treas. Bernard and Dir. Hermie.



Zone Badminton Coordinator PP Kiko with Dir. Cris and Sps. Mina during the category leveling at Aerodrome in Taytay Rizal. (07/24)



Send off of the Japanese guests to the airport last Monday, Jul. 26, 2010.



Historic moments -- Rotary mottoes

Rotary International News -- 7 July 2010

Rotary's official mottoes, Service Above Self and One Profits Most Who Serves Best, trace back to the early days of the organization.

In 1911, He Profits Most Who Serves Best was approved as the Rotary motto at the second convention of the National Association of Rotary Clubs of America, in Portland, Oregon. It was adapted from a speech made by Rotarian Arthur Frederick Sheldon to the first convention, held in Chicago the previous year. Sheldon declared that "only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best."



Arthur Frederick Sheldon, the Rotarian whose convention speech inspired Rotary's secondary motto, One Profits Most Who Serves Best.

The Portland convention also inspired the motto Service Above Self. During a convention outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not Self. Pinkham invited Paul P. Harris, who also was on the boat trip, to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.

At the 1950 RI Convention in Detroit, slightly modified versions of the two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above Self. The 1989 [Council on Legislation](#) established Service Above Self as the principal motto of Rotary, because it best conveys the philosophy of unselfish volunteer service. He Profits Most Who Serves Best was modified by the 2004 Council to They Profit Most Who Serve Best and by the 2010 Council to its current wording, One Profits Most Who Serves Best.



How to Prevent High Blood Pressure

Increases in blood pressure increases your risk for heart disease. People at any age can take steps each day to keep blood pressure levels normal.

LIFESTYLE

- **Eat a healthy diet.** Eating healthfully can help keep your blood pressure down. Eat lots of fresh fruits and vegetables, which provide nutrients such as potassium and fiber. Also, eat foods that are low in saturated fat and cholesterol.

[Avoid sodium](#) by limiting the amount of salt you add to your food. Be aware that many processed foods and restaurant meals are high in sodium.

Studies¹ have shown that people who eat a healthy diet can lower their blood pressure. For more information on healthy diet and nutrition, see [CDC's Nutrition and Physical Activity Program Web site](#).

- **Maintain a healthy weight.** Being overweight can raise your blood pressure. Losing weight can help you lower your blood pressure.

To find out whether your weight is healthy, doctors often calculate a number called the [body mass index \(BMI\)](#). Doctors sometimes also use waist and hip measurements to measure a person's excess body fat.

If you know your weight and height, you can compute your BMI at [CDC's Assessing Your Weight Web site](#).

- **Be physically active.** Physical activity can help lower blood pressure. The Surgeon General recommends that adults should engage in moderate physical activities for at least 30 minutes on most days of the week.

- **Don't smoke.** Smoking injures blood vessels and speeds up the hardening of the arteries. Further, smoking is a major risk for heart disease and stroke.

If you don't smoke, don't start. If you do smoke, quitting will lower your risk for heart disease and stroke. Your doctor can suggest programs to help you quit.

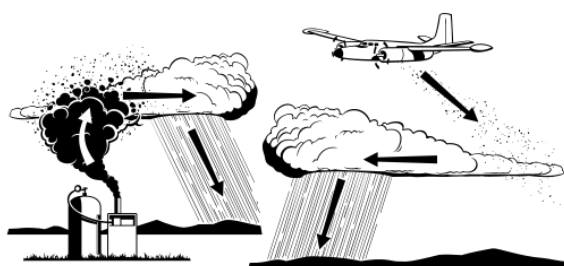
For more information about tobacco use and quitting, see CDC's Smoking and Tobacco Use Web site.

- **Limit alcohol use.** Drinking too much alcohol is associated with high blood pressure.

If you drink alcohol, you should do so in moderation—no more than one drink per day for women or two drinks per day for men.



Water Cycle and Cloud Seeding



Last week we talked about typhoons. But despite the plenty of rain water, we can read from the headlines that there is an impending water crisis. Our source of water in Metro Manila from Angat dam does not have enough water to supply water distribution companies of MWSS. Are we in crisis? They say 50% of our water supply is loss due to system loss and we are made to suffer from it. They must do something fast before it's too late.

This week article is devoted to basics about water cycle. More 90% of Earth's water is locked beneath its surface either in crustal rocks or deep in the interior. This water does not normally take part in the water cycle. It can, however, be released by volcanoes and other geological process. Water released in this way formed Earth's oceans, but the amount released today is small.

Water moves between ocean, the atmosphere, and the land. Living things also take part in the cycle. You can begin tracing the water cycle with the evaporation of water from the surface of the ocean. **Evaporation** is the movement of water into the atmosphere as it changes from a liquid into a gas. Evaporation requires energy, and this energy comes from the sun. About 20% of the sunlight reaching the Earth evaporates water.

Evaporating water forms clouds when it condenses in the atmosphere. Much of the water vapor then falls back into the ocean as **precipitation**. But some of the clouds are blown over land, and the precipitation falls onto the land as rain. The water eventually returns to the ocean through runoff and groundwater. An average water molecule stays in the atmosphere for about two weeks before it falls as precipitation, and it takes a bit less than 4,000 years to through the whole cycle if it falls over land. Water can also enter the atmosphere through a process called transpiration. **Transpiration** is the evaporation of water from the leaves of plants. Transpiration plays an important part in the in plant circulation. In ecosystem such as tropical rain forest, the amount water entering the atmosphere through plants can be large enough to affect the climate in the surrounding area.

Recently we resorted to cloud seeding to augment the amount rain in area above Angat dam. **Cloud seeding**, a form of weather modification, is the attempt to change the amount or type of precipitation that falls from **clouds**, by dispersing substances into the **air** that serve as **cloud condensation** or **ice nuclei**, which alter the microphysical processes within the cloud. The usual

Inner Wheel Club of Marikina
Pres. Liza G. Masangkay



Pres. Liza with DC Julie, PDC Lydia and PDC Elai inducting IWC new member Sps. Pauline Perez with husband Sec. Allan during RC Marikina Ladies Night. (07/22)



Inner Wheel Club of Marikina members and Spouses during RC Marikina Ladies Night. (07/22)



IWC members and Spouses with D2770 Friendship Visit Delegates during RC Marikina Ladies Night. (07/22)

Mayor Del R. de Guzman

EDUCATIONAL ATTAINMENT

Primary	Nangka Elementary School	1969-1971
Elementary	H. Bautista Elementary School	1971-1974
High School	Roosevelt College, Lamuan	1974-1978
College	UE-AB Political Science	1978-1982



POLITICAL BACKGROUND

- City Mayor, City of Marikina 2010-Present
- House Representative, Second District of Marikina City 2007-2010
- House Representative, Lone District of Marikina City 2001-2004, 2004-2007
- Vice-Mayor & Presiding Officer of the City Council, Marikina City 1992-30 June 2001
- Councilor and Majority Floor Leaders, Municipal Council of Marikina 1988-1992

AWARDS, CITATIONS, AND RECOGNITION

- Icon of Youth Power Awardee
National Movement of Legislators June 2010
- Outstanding Congressman of the Year
Metropolitan Disseminators of Information Association, Inc. (MEDIA) March 2006
- Most Outstanding Alumnus in the Field of Arts and Sciences
University of the East Grand Alumni Homecoming September 2003
- Award of Recognition
10th year Anniversary Celebration of the LOLAB KAMPANYERA's campaign for legal redress and an official apology from the Japanese Government October 2002
- Outstanding Achievement Award
Roosevelt College-Marikina Grand Alumni Homecoming February 2002

PERSONAL DATA

Date of Birth	:	January 9, 1963
Place of Birth	:	Marikina City
Married to	:	Amalia Cruz Gonzaga of Bgy. Kalumpang, Marikina City With four (4) children, namely: Delan Andro; Dean Anvielo; Allysia Danella, and David Alfre
Father	:	Rodolfo Josef de Guzman of Bgy. Concepcion
Mother	:	Eugenia Reyes de Guzman (+) of Bgy. Sto. Niño

*For a copy of this bulletin, please visit our website www.marikinarotary.org
Go! Go! Global!*

SERVICE PROJECTS CHAIRMEN FOR RY 2010-2011			
CLUB ADMINISTRATION		Director Responsible: Sec. Allan Perez	
1. Attendance	PP Dindo Santos	PP Flor Dela Paz	
2. Club Bulletin	ASec. Val Barcina	Rtn. Harold Nanquil	
3. Program	Sec. Allan Perez	ASec. Val Barcinal	
4. Constitution & By-Laws	PP Tony Fidelino	PP Al Ancheta	
5. Ways & Means	PP Kiko Pe Benito	PP Eric Ignacio	
6. Club Historian	PP Romy Cruz	PP Flor dela Paz	
7. Website	PP Dindo Santos	VP Dodjie Cabakuinto	
8. Fellowship and Arts	Rtn. Jun Jun Farcon	Rtn. Elmer Tan	
9. Sports Table Tennis Tournament	PP Onie Aguinaldo		
Chess Tournament	PP Dante Verano		
Marathon	PD Eduard Farcon		
10. Grievance	PP Tony Fidelino		
MEMBERSHIP		Director Responsible: Dir. Chris Meriño	
1. Classification	PP Boy Ong	PP Eric Ignacio	
2. Membership	PP Tony Fidelino	PP Fabi Cadiz	
3. Membership Growth & Dev't	PP Joe Lee	PP Eric Ignacio	
4. Rotary Information	IPP Vincent Santos	PDG Efren de Guzman	
5. Rotary Academy/Fireside	PP Joe Judan	PP Boy Ong	
6. Family Outing	Rtn. Patrick Ong	PP Dante Verano	
7. Club Extension	PP Manny de Guzman	PP Boy Ong	
CLUB PUBLIC RELATIONS		Director Responsible: Dir. Pat Corpus	
1. Public Relations	Rtn. Manolo Favis	PP Rene Florencio	
2. Public Image	PD Rey Montoya	PP Onie Aguinaldo	
3. Interclub Relations Local	PP George Ty	PP Noel Flores	
4. Interclub Relations International	PDG Efren de Guzman	PP Fabi Cadiz	
SERVICE PROJECTS		Director Responsible: Dir. Hermie dela Paz	
A. FAMILY OF ROTARY			
1. Children at Risk/Child Protection Program	PD Claro Capco	PD Ed Navarro	
2. Rotary Community Corps	Rtn. Dan Sibal	Rtn. Tops Rodriguez,	
3. Rotary Volunteers	PP Rudy Valentino	PP Rene Florencio	
4. Rotary Recreation & Vocational Fellowship	PP Rene Florencio	PP Al Ancheta	
B. HEALTH and HUNGER		Director Responsible: Dir. Benjie Malaya	
1. Medical & Dental Services	ASec. Val Barcinal	PD Nestor Garcia	
2. Blood Letting	PP Jun Garduño	PD Ed Navarro	
3. Emergency & Disaster Svcs	Rtn. Vic Sabiniano	PP Joe Judan	
4. Preventable Blindness	PP Jimmy Capco	PP Dindo Santos	
5. Adopt-A-Hospital	PP Al Ancheta	PP Ading dela Paz	
6. Dengue Prevention	ASec. Val Barcinal	PD Ed Navarro	
7. Concern for The Elderly / Handicapped	PP Ading dela Paz	PP Greg deGuzman	
8. Integrated Impact Feeding	Rtn. Charlie Dytan,	ASec. Val Barcinal	
9. Operation Tuli	PD Ed Navarro	Rtn. Harold Nanquil	
10. Drug Abuse Prevention	Rtn. Carlos Balquiedra	Rtn. Vic Sabiniano	
C. POVERTY ALLEVIATION		Director Responsible: Dir. Willie Reyes	
1. Livelihood Training & Skills Development	Rtn. Elmer Tan	PD .Eduard Farcon	
2. Vocation at Work/ Vocational Awareness	PD Celso Cruz	PD Jessie Cruz	
3. Christmas Gift Giving	PD Jessie Cruz	Rtn. Charlie Dytan	
D. WATER MANAGEMENT & ENVIRONMENTAL CONCERN		Director Responsible: Treas. Bernard Cansana	
1. Environmental Protection	ASec. Val Barcinal	PP George Ty	
2. Water Mgmt Projects	PD Boyet Allas	PP Boy Ong	
E. LITERACY & VALUES FORMATION		Director Responsible: VP Dodjie Cabalquinto	
1. Rotary Scholarship	PP Ver Farcon	PE Del de Guzman	
2. Timpalak sa Pagsulat at Pagbigkas	ASec. Carl Tan.	Rtn. Jon Cobarrubias	
3. Student Leadership Award	Rtn. Jon Cobarrubias	Rtn. Dan Sibal	
4. Storytelling Contest	Rtn. Jerome Josef	Rtn. Tops Rodriguez	
5. Adopt-A-School	PP Ver Farcon	PP Flor dela Paz	
6. Book Donation	Rtn. Jon Arrellana	Rtn. Willie Reyes	
7. School for Children with Special Needs	PP Noel Flores	PD Claro Capco	
8. Alternative Learning Center	Rtn. Tops Rodriguez	PP Fabi Cadiz.	
9. Career Development	Rtn. Joel Valenzuela	Rtn. Tops Rodriguez	
THE ROTARY FOUNDATION		Director Responsible: PE Del de Guzman	
1. TRF Contribution	PP Roland Garcia	PP Onie Aguinaldo	
2. Polio Plus	PD Nestor Garcia	PP Jun Garduño	
3. Matching Grant	PP Boy Ong	PP Tony Fidelino	
4. Group Study Exchange	PP Dante Verano	PP Noel Flores	
5. Youth Exchange	PP Fabi Cadiz	PP Rudy Valentino	
6. World Community Service	PP Tony Fidelino	PP Joe Judan	
NEW GENERATION		Director Responsible: IPP Vincent Santos	
1. New Gen. Conference	ASec. Carl Tan	PD Boyet Allas	
2. Artista ng Bayan	Rtn. Harold Nanquil	Rtn. Tops Rodriguez	
3. Rotaract / Interact / RYLA	PP Dante Verano	Rtn. Jon Cobarrubias	
SPECIAL EVENTS		Director Responsible: Dir. Willie Reyes	
1. Induction of Officers	PE Del de Guzman		
2. District Assembly	PE Del de Guzman		
3. Christmas Party	PP Eric Ignacio	PP Flor dela Paz	
4. Club Anniversary	PP Fabi Cadiz	PP Eric Ignacio	
5. District Conference	Rtn. Willy Cruz	PP Fabi Cadiz	
6. Photo Exhibit	PP Manny de Guzman	PP Dindo Santos	
7. Souvenir Program	PPManny de Guzman	PP Dante Verano	
8. Tempin Bowling	PP Joe Judan	PP Kiko Pe Benito	
9. Duckpin Bowling	PP Onie Aguinaldo	PD Celso Cruz	
10. District Golf Tournament	PP Boy Ong	PP Noel Flores	
11. Palarotary	Rtn. Jon Cobarrubias	Rtn. Willy Cruz	
12. Awards & Recognition	PP Manny de Guzman		
13. Club Valentines Party	PP Flor dela Paz	Rtn. Jon Arcellana	
14. Club Awards Night	PE Del de Guzman		
OFFICERS RY-2010-2011			
PRESIDENT:	RONIE P. MASANGKAY		
VICE-PRESIDENT:	JAIME N. CABALQUINTO		
PRESIDENT-ELECT:	DEL R. DE GUZMAN		
SECRETARY:	ALLAN S.M. PEREZ		
ASSISTANT SECRETARY – ADMIN:	VAL A. BARCINAL		
ASSISTANT SECRETARY – SERVICE:	CARL JEFFREY S. TAN		
TREASURER:	BERNARD H. CANSANA		
ASSISTANT TREASURER:	NORBERTO L. COBARRUBIAS JR.		
AUDITOR:	ELMER J. TAN		
ASSISTANT AUDITOR:	PATRICK T. ONG		
CHIEF SERGEANT-AT-ARMS:	ROLANDO C. GARCIA		
ASSISTANT SERGEANT-AT-ARMS :	MANUEL P. DE GUZMAN		
ASSISTANT SERGEANT-AT-ARMS:	CELSO C. CRUZ		
PROTOCOL:	VIRGILIO S. FARCON SR.		
P.R.O.:	EDUARD G. FARCON		
ASSISTANT P.R.O.:	JEROME D. JOSEF		
CLUB TRAINER:	DINDO FERDINAND C. SANTOS		
ASSISTANT CLUB TRAINER:	ANTONIO B. FIDELINO		
EX-OFFICIO:	VINCENT C. SANTOS		
DIRECTORS:	PATERNIO S. CORPUS		
	CHRISTOPHER U. MERIÑO		
	MARIO HERNANDO R. DE LA PAZ		
	BENJAMIN EDSSEL V. MALAYA		
	WILFREDO E. REYES		



Roster of Attendance

	Rotarian	Classification	Induction	Spouse	July			
					1	10	15	22
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	P	P	M	P
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine	M	P		
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella				
4	Balquiedra, Carlos P.	Banking - Commercial	05/07/2009	Ruby				
5	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	P	P	M	P
6	Cabalquinto, Dodjie N.	Building Construction	01/20/2005	Dolly	P	P	P	P
7	Cadiz, Fabi I.	Medicine - General	03/16/2000		P	P	P	P
8	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	P	P	P	P
9	Capco, Claro L.	Education	07/05/2002	Jehan				
10	Cobbarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008		P		M	P
11	Corpus, Pat S.	Secondary Administration	10/26/2006		P	M		
12	Cruz, Celso C.	Insurance - Non-Life	6/18/1998			M	P	P
13	Cruz, Jessie F.	Auto Parts Distribution	11/4/1993	Isay	P	P	P	P
14	Cruz, Willy R.	Architecture	10/6/2005	Liza	P		M	P
15	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy	P	P	P	P
16	De Guzman, Efren O.	Memorial Service	7/29/1982	Pam	P	P	P	P
17	De Vera, Lito P.***	Medicine – General	6/18/1998	Lil				
18	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	P	P	P	P
19	Dela Paz, Hermie	Financial Consultancy	12/4/2008		P	P	P	P
20	Dytan, Charlie J.	Shoe Supply Distribution	3/18/1999	Nenita	P	P	P	P
21	Farcon, Eduard G.	Auto Parts Distribution	10/11/2001	Nancy	P	P	P	P
22	Farcon, Jun G.	Taxation	4/22/1988	Zeny	P	P	P	P
23	Farcon, Jun Jun M.	Bakeshop Products Distribution	7/5/2002	Che	P			
24	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	P	P	P	P
25	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora	P	P	M	
26	Flores, Noel S.	Vertical Construction	1/17/2002	Vivian	P	P	M	P
27	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora	M	M	M	M
28	Garcia, Roland C.	TV Programming & Marketing	11/14/1991		P	P	P	P
29	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	P	P	P	P
30	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri	M	M	M	P
31	Judan, Joe A.	Engineering - Civil	3/17/1991	Minia		P	P	
32	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	P	M	P	P
33	Masangkay, Ronie P.	Laboratory Service	1/17/2002	Liza	P	P	P	P
34	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	P	P	P	P
35	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn				
36	Nanquil, Harold S.	General Surgery	10/25/2007	Mars				
37	Ong, Patrick T.	Concrete Products Manufacturing	09/03/2009		P	P	M	P
38	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette	P	P	P	P
39	Perez, Allan S.M.	Telecommunications	4/6/2006	Pauline	P	P	P	P
40	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	P	P	P	P
41	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	P	M	M	P
42	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam				
43	Santos, Dindo C.	Medicine – Family	8/14/1997	Cecil	P	P	P	P
44	Santos, Vincent C.	Medicine – Endocrinology	7/1/2000	Eula	P	P	P	P
45	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	M		P	P
46	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009		P	M		P
47	Tan, Elmer J.	Corporate Give Aways	7/30/2009	Ellen	P	P	P	
48	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	P	P	P
49	Valenzuela, Joel	Health & Wellness product Distribution	5/07/2009	Elsa	M		M	
50	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	P	P	M



Roster of Attendance

					July			
	<u>Rotarian</u>	Classification	Induction	Spouse	1	10	15	22
Exempted								
51	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	P	E	E	E
52	Capco, Jimmy P.	Medicine - EENT	1/4/1968	Lanie	P	P	P	P
53	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	E	E	E
54	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	E	E	E	E
55	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	E	E	E
56	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	P	P	P	M
57	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	E	E	P	P
58	Farcon, Ver S.	Law - Corporate	3/17/1971		P	P	P	P
59	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		E	E	P	E
60	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	E	E	P	P
61	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	P	P	P
62	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	P	P	P	P
63	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	P	P	M	P
64	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	P	E	E
65	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	P	E	E	E
66	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	P	E	P	E
67	Valentino, Rudy B.	Shoe Retailing	2/11/1982		E	P	P	E
68	Don Emilio Yap	HONORARY MEMBER						
	** Charter Member	***Exempted due to protracted illness						
	LEGEND:	P-Present	M-Make-up	E-Exempted				

<p>MAKE-UP</p> <p>Rotary eClub of 3310 Singapore June 27 lesson 10—PD Nestor Garcia-01/10 July 7 lesson 8—PD Nestor Garcia-01/15 July 21 lesson 10—PD Nestor Garcia-01/22</p> <p>District Breakfast Meeting (Jul. 10) PP Onie Aguinaldo-01/15</p> <p>Rotaract Distas (Jul. 17) PP Manny de Gzuman-07/22</p> <p>Rotaract Distas (Jul. 18) PP Dante Verano-07/22</p> <p>Japanese Visit Committee Meeting (Jul. 19) Rtn. Patrick Ong-07/15</p> <p>Welcome D2770 Delegates at the Airport (Jul. 22) Rtn. Tops Rodriguez-07/15 Rtn. Jon Jon Cobarrubias-07/15</p> <p>Fellowship with D2770 Delegates in Tagaytay (Jul. 25) Rtn. Willy Crutz-07/15 Rtn. Joel Valenzuela-07/15</p> <p>ALS (Jul. 29) PP Rene Florencio-07/15</p>	<p>EXTRA ATTENDANCE</p> <p>RC Northbay East (Jun 6), RC Cosmo San Juan (Jun 25), RC Downtown San Juan (Jun 28), RC Pasig (Jun 29)RC San Juan North (Jul. 8), RC Grace Park (Jul.9), RC Valenzuela (Jul.13), PDG Efren de Guzman</p> <p>Club Formmation Rodriguez (Jul. 20) Pres. Ronie Masangkay, Sec. Allan Perez, PP Manny de Guzman, PP Joe Judan, PD Celso Cruz, Treas. Bernard Cansana</p> <p>D2770 Japanese Friendship Visit (Jul. 22) DG Jun Farcon, Pres. Ronie Masangkay, Sec. Allan Perez, VP Dodjie Cabalquinto, Dir. Hermie dela Paz, PDG Efren de Guzman, PP George Ty, Rtn. Dan Sibal, Rtn. Tops Rodriguez, SAG Noel Flores, PE Del de Guzman, Lt.Gov. Fabi Cadiz, Rtn. Jon Jon Cobarrubias, Rtn. Patrick Ong, PP Flor dela Paz, PP Kiko Pe Benito</p> <p>TRF Forum (Jul. 24) DG Jun Farcon, Pres. Ronie Masangkay, Sec. Allan Perez, Dir. Hermie dela Paz, PDG Efren de Guzman, PP Ver Farcon, PP Dindo Santos, IPP Vincent Santos, PD Eduard Farcon, PE Del de Guzman, Treas. Bernard Cansana</p> <p>D2770 Japanese Fellowship in Tagaytay (Jul. 22) DG Jun Farcon, Pres. Ronie Masangkay, Sec. Allan Perez, Dir. Hermie dela Paz, PP George Ty, Rtn. Tops Rodriguez, Rtn. Dan Sibal, SAG Noel Flores, Rtn. Jon Jon Cobarrubias, Rtn. Patrick Ong, PP Flor dela Paz, PP Kiko Pe Benito, Rtn. Willy Cruz, PD Eduard Farcon, Rtn. Joel Valenzuela, PP Boy Ong</p>
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*Engr. Dante L. Verano,
 RC Marikina Past President RY 2002-2003
 Spouse Noemi Verano, IWC Marikina Past President
 And Rotakid Dante Leonardo Verano & Toffie*

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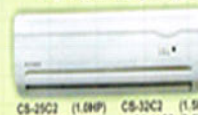
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Name of Visiting Rotarian	_____
Signature of Club Secretary	_____