

# Programme

Volume 46 Weekly Meeting No. 5

August 5, 2010

## CLASSIFICATION TALK

- |      |                                  |                            |
|------|----------------------------------|----------------------------|
| I.   | Pagpapatala                      |                            |
| II.  | Palatuntunan                     |                            |
|      | Pagsasa-ayos ng Pulong           | - Pres. Ronie P. Masangkay |
|      | Pambungad na Panalangin          | - Dir. Pat S. Corpus       |
|      | Pambansang Awit                  | - Rtn. Charlie Dytan       |
|      | Panata at 4 na Panukat ng Rotary | - PP Dindo C. Santos       |
|      | Pagpapakilala ng mga Panauhin    | - PD Boyet A. Allas        |
|      | Kasiyahan                        | - Asec. Carl S. Tan        |
|      | Parangal                         | - PP Joe P. Lee            |
|      | Kaalamang Pang Rotaryo           | - IPP Vincent C. Santos    |
|      | Classification Talk              | - Rtn. Elmer J. Tan        |
|      | Panahon ng Kalihim               | - Sec. Allan SM Perez      |
|      | Panahon ng Pangulo               | - Pres. Ronie P. Masangkay |
|      | RC Marikina March                |                            |
|      | Pagtitindig ng Pulong            | - Pres. Ronie P. Masangkay |
|      | Lingguhang Paripahan             |                            |
| III. | Fellowship                       | - SAG Noel Flores          |

PP Flor S. dela Paz  
Guro ng Palatuntunan

### Valley Wheel is the official bulletin of the Rotary Club of Marikina

Sec. Allan SM Perez – Editor-in-Chief  
Asec. Val A. Barcinal—Deputy Editor-in-Chief  
Columnist/Contributors; Pres. Ronie P. Masangkay, Asec. Val A. Barcinal, Dir. Benjie Malaya, IWC of Marikina, RCC Marikina Valley, Rotaract Club of Marikina & Marikina GIMIK, Grupo Singko, Acknowledgement: PP Manny de Guzman, ALS Computer Learning, Mr. Joshua Alonzo  
Additional Photos by PP Kiko Pe- Benito, PP Manny de Guzman, Pres. Ronie Masangkay, VP Dodjie Cabalquinto  
The Rotary Club of Marikina was admitted to the Rotary International on March 18, 1965, with postal address at Marikina Rotary Youth Center, Sumulong Hi-way, Sto. Niño, Marikina City, Philippines 1800  
Tel. 9423720 – url; www.marikinarotary.org

### THE ROTARY PLEDGE

I do solemnly promise to help advance the object of Rotary, comply with the constitution and by-laws of Rotary International and the Rotary Club of Marikina, ever putting into practice Rotary's Motto: "SERVICE ABOVE SELF."

### THE FOUR WAY TEST

*Of things we think, say or do:*

Is it the TRUTH?  
Is it FAIR to all concerned?  
Will it build GOODWILL and better FRIENDSHIPS?  
Will it be BENEFICIAL to all concerned?

<p style="text-align: center;"><b>PANALANGIN</b></p> <p><i>Mahal naming Ama, kami'y muling dumudulog sa Iyong dambana upang magbigay puri at pasasalamat sa lahat ng mga biyayang iginagawad mo sa amin sa pang araw-araw na buhay.</i></p> <p><i>Bigyan n'yo po ng tibay ng katawan, kaisipan at damdamin ang bawat isa sa amin upang maisakatuparan ang higit na makakabuti sa aming kinauukulan. Nawa'y ang lahat ng aming Gawain ay makatulong na mailapit ang bawat nilalang sa Inyo at magawa ang inyong kagustuhan.</i></p> <p style="text-align: center;"><i>Amen.</i></p>	<p><b>ROTARY CLUB OF MARIKIAN MARCH</b></p> <p><i>Music: PP Jimmy Capco Lyrics: Rtn. Francisco Pascual; Arranger: Rtn. Allan SM Perez</i></p> <p>Come sing with us for fellowship A song of camaraderie Then give your hand in fond friendship To Marikina Rotary</p> <p>We love to share our thoughts with you And lavish in your company So, come each meeting day please do To Marikina Rotary</p> <p style="text-align: center;"><b>Refrain</b></p> <p>Motto of SERVICE ABOVE SELF Is not a mere phraseology Participate with zeal and zest In Marikina Rotary</p> <p>Let us Rotarian serve all Our beloved community Then we can accentuate the goal Of Marikina Rotary</p>																				
<p style="text-align: center;"><b>PROGRAMME</b></p> <p>August 12, 2010</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Invocation</td> <td style="width: 70%;">PP Onie Aguinaldo</td> </tr> <tr> <td>National Anthem</td> <td>Rtn. Dan Sibal</td> </tr> <tr> <td>Rotary Pledge &amp;</td> <td>Rtn. Jerome Josef</td> </tr> <tr> <td>The Four Way Test</td> <td></td> </tr> <tr> <td>Introduction of Visiting Rotarians &amp; Guests</td> <td>PD Claro Capco</td> </tr> <tr> <td>Entertainment</td> <td>PP Ver Farcon</td> </tr> <tr> <td>Recognition</td> <td>Asec. Val Barcinal</td> </tr> <tr> <td>Raffle</td> <td>Rtn. Patrick Ong</td> </tr> <tr> <td>Treas.</td> <td>Bernard Cansana</td> </tr> <tr> <td>Emcee</td> <td></td> </tr> </table>	Invocation	PP Onie Aguinaldo	National Anthem	Rtn. Dan Sibal	Rotary Pledge &	Rtn. Jerome Josef	The Four Way Test		Introduction of Visiting Rotarians & Guests	PD Claro Capco	Entertainment	PP Ver Farcon	Recognition	Asec. Val Barcinal	Raffle	Rtn. Patrick Ong	Treas.	Bernard Cansana	Emcee		
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<p style="text-align: center;"><b>DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION</b></p> <p>As a Rotarian engaged in business or profession, I am expected to:</p> <ol style="list-style-type: none"> <li>1. Consider my vocation to be another opportunity to serve;</li> <li>2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;</li> <li>3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;</li> <li>4. Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship;</li> <li>5. Recognize the honor and respect due to all occupations which are useful to society;</li> <li>6. Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community;</li> <li>7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession;</li> <li>8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships</li> </ol>	<p style="text-align: center;"><b>Congratulations!</b></p> <p>Rtn. Manolo Favis on your 21st year — Aug. 10</p> <p>PP George Ty on your 21st year— Aug. 10</p> <p style="text-align: center;"><b>Happy Wedding Anniversary!</b></p> <p>Sec. Allan Perez &amp; Sp. Pauline— Aug. 10</p>																				

# *Microscopic Findings*

## *Pres. Ronie P. Masangkay*



**MABUHAY!** isang pag-pupugay sa inyong lahat ngayong gabi. Marahil kayo ay nag-tataka at nagulat sa mga katagang aking isinulat. Ang buwan ng Agosto ay **BUWAN NG WIKANG PILIPINO**. Ang Samahang Rotary ng Marikina ay nakiki-isa sa pag-gunita sa Buwan ng Wika kaya ang inyong lingkod at mga kasama ay nag-pasya na gamitin ang ating sariling wika sa buong buwan ng Agosto, para sa inyong kabatiran.

Napaka-bilis nang pag-daan ng mga araw, isipin nyo naka-isang buwan na pala ako magmula ng magsimula ang Taon ng Rotary noong Hulyo.

Bago pa man magsimula ang Taon ng Rotary, ang inyong lingkod ay abala na sa mga bagay na may kinalaman sa aking pagiging Pangulo. Naririyan ang pag-dalo sa mga Handover at Induction Ceremonies sa iba't-iba samahan ng Rotary sa ating Distrito. May mga pagkakataon din sa labas ng ating Distrito, katulad halimbawa ng aming pagdalo noong ika-3 ng Agosto sa Samahan ng Rotary ng Kamuning kasama sina; PP Flor, PP George, Treas. Bernard, Dir. Hermie at Sec. Allan, na nag-kataon na ating Sister Club. At marami pang mga naka-pila sa aking listahan na mga pasinaya at paglilipat kapan- gyarihan sa ating Distrito na aabot pa hangang ika-15 ng Setyembre. Masasabi ko na mahirap ngunit sa isang banda ay napakagandang karanasan ang aking pinag-daraanan, dahil dito dumarami ang aking mga kaibigan, nag-kakaroon ng pagkakaisa ang bawat Pangulo at nagkakamutihang loob ang bawat isa sa Samahan ng Rotary sa Distrito.

Noong nakaraang Hulyo 28, Ang mga Pangulo ng Samahan ng Rotary sa Zone 4 ay nagbigay galang sa tanggapan ng Pangalawang- Punong Bayan ng Lunsod ng Marikina. Upang ipaabot ang aming taos pusong pasasalamat sa pagbibigay niya nang halaga at tiwala sa Zone 4 President na gumawa ng kaukulang pagpupulong sa mga paaralan at komunidad at ipalaganap ang masamang dulot na BAWAL NA GAMOT. Kabalikat ng Zone 4 Presidents dito ay ang mga taga- ADAP 3800, na isang lupon sa ating Distrito na ang pangunahin trabaho ay magbigay ng mga seminar at pagpupulong sa mga Paaralan at Komunidad. Isa sa mga kasapi dito ay si PP Dante Verano.

Limang araw matapos ang aming pagbisita sa tanggapan ng Pangalawang-Punong Bayan ng Marikina Fabi Cadiz, sa tanggapan naman ng Punong Bayan kami nag-bigay pugay. Upang iparating sa ating Punong Bayan Del de Guzman ang aming hangarin na makilahok sa mga palatuntunan ng ating Lungsod katulad halimbawa ng JOB FAIR. Sa aming pagpupulong napagkasunduan na ang Tanggapan ng Punong-Lunsod ang mamamahala sa pagpapalaganap ng impormasyon sa tao at ang pagdarausan ng pasinaya at ang Zone 4 Presidents ang bahala sa paghahanap ng mga Employer at Recruitment Agencies mapa lokal o abroad. Ang pasinaya na ito ay naka-takda ngayong Setyembre 10.

Sa kabatiran ng lahat! ang ating itinatayong Samahan ng Rotary sa Montalban ay ganap ng isang Pansamantalang Samahan. Dahil noong nakaraang ika-3 ng Agosto sila ay nagkaroon ng halalan para sa Officers at Directors. Bagamat sila ay 14 lamang, sila ay determinado na makakalap pa ng hangang 20 o higit pa, para ganap nang maging lehitimo ang kanilang samahan na itinakda ng Rotary International bago sila icharter. Ilan sa mga testigo sa kanilang halalan ay sina; PP Manny, PP Joe Judan, PP Boy, Dir. Benjie, Sec. Allan at inyong lingkod.

At pang-huli, Ako po ay nakiki-usap na mang-yari lamang na pakibayaran na ang inyong mga obligasyon upang matustusan ang mga proyektong nakalaan para sa mga kapatid nating salat sa buhay. Sana'y maintindihan nyo po ang inyong lingkod. Maraming Salamat! At MABUHAY!!!!!!

## *Unli Call & Text Message*

### *Sec. Allan SM Perez*



Ngayong Agosto, ating gunitain ang Buwan ng Wika. Bilang pagpapahalaga, lahat po ng aming itatala sa buong buwan ay aming pipilting nakasaad sa ating sariling wika.

Sa darating na Sabado, ika-7 ng Agosto, sa unang pagkakataon, ang ating Distrito ay magkakaroon ng malawakang pagtatalaga (Mass Induction) ng mga bagong kasapi na gaganapin sa Club Filipino, Greenhills, San Juan, sa ganap na ika-1 ng hapon. Atin pong samahan si Ginoong Riel Banaria sa okasyong ito at sabay-sabay natin siyang batiin bilang unang kasapi ng ating samahan sa taong ito.

Sa darating na Linggo, ika-8 ng Agosto, ating saksihan ang pagbubukas ng Duckpin Bowling Tournament ng ating Distrito na gaganapin sa Market Place, Mandaluyong City, sa ganap na ika-8 ng umaga. Ating pong samahan si dating pangulong Onie Aguinaldo samu ng kanyang mga kasamang manlalaro biglang pagsuporta sa palakasang ito. Nawa'y muli nilang maiuwi ang tagumpay at karalangan ng ating samahan.

Kaugnay ng buwan ng wika, ating idaraos ang taunang Timpalak sa Pagsulat at Pagbigkas na gagampanan ng mga mag-aaral mula sa iba't-ibang paaralan na kinasasakupan ng ating bayang Marikina. Ito ay sa pamumuno ni pangalawang kalihim Carl Tan. Ang unang bahagi ng timpalak ay ang pagsulat at ito ay gaganapin sa ika-21 ng Agosto sa ganap na ika-1 ng hapon dito sa ating gusali.

Sa ika-22 ng Agosto, ilulunsad muli ang Preventable Blindness sa pamumuno ni dating pangulong Jaime Capco sa ganap na ika-8 ng umaga hanggang ika-12 ng tanghali. Inaasahan po naming ang inyong pagdalo at pakikiisa sa gawaing ito.

Ang pamilya ni dating pangulong Rudy Valentino at Ginang Vivian Flores, maybahay ni SAG Noel, ay buong pusong nagpapasalamat sa mga nakiisa sa kanilang pagdadalamhati sa pagkamatay ng kanilang kaanak na si ginoong Danilo Valentino.

Kami po ay lubosang nakikiramay sa pamilya at mga kaanak ni dating kasaping Engr. Romeo Cruz sa pagpanaw ng kanyang ina. Ang burol ng mga labi ay kasalukuyang nasa kanilang tahanan sa 7 Marikit St., Permaline Subd., Nangka, Marikina City.

#### CALENDAR OF EVENTS

7 Aug	1:00PM	1 <sup>st</sup> District Mass Induction	Club Filipino Greenhills, SJ
8 Aug	8:00AM	Duckpin Bowling	Market Place Mandaluyong
13 Aug	10:00AM	School Supplies Donation to Jesus Majestic Glory Day Care Center	Farmers 1 Tumana
15 Aug	8:00AM	Duckpin Bowling	Market Place Mandaluyong
21 Aug	1:00 PM	Timpalak sa Pagsulat at Pagbigkas (Unang Bahagi)	MRYC
22 Aug	8AM-12NN	Preventable Blindness	MRYC
28 Aug	1:00 PM	Timpalak sa Pagsulat At Pagbigkas (Ikalawang Bahagi)	MRYC

# People, Events & Places



Pakikipag palitan ng kuko kuro sa ating Pangalawang Punong Bayan Fabi Cadiz at Punong Bayan Del de Guzman sa nakaraang Pagpupulong ng ika-29 ng Agosto.



Pagdalaw sa tanggapan ng Pangalawang-Punong Bayan ng Marikina Fabi Cadiz. (07/02)



Pagbigay pugay sa Punong Bayan Del R. De Guzman. (07/02)

# *People, Events & Places*

## **Pagpupulong ng Itinatataug na Samahan ng Rotary Rodriguez, Aug. 3, Popoy's Grill**



PP Manny de Guzman at PP Joe Judan na nagging Tagapagsalita sa Pagpupulong.



Pres. Ronie, PP Boy, PP Manny, PP Joe, Sec. Allan, Dir. Benjie kasama ang mga magiging kasapi ng itinatataug na Samahang Rotaryo ng Rodriguez. (Aug. 3)

# *People, Events & Places*

## **RC Kamuning Pagtatalaga ng Tungkulin, Aug. 3, 2010, C**



Paglalagda ni Pang. Ronie at Pang. Van Avenido ng Pagpapatuloy ng Kasunduan bilang Magkapatid na Samahan ang Rotary Marikina at Rotary Kamuning.



Pre. Ronie, Sec. Allan, Treas. Bernard, Dir. Hermie, Sec. Allan, IPP George at PP Flor, mga kasapi ng ating samahan na dumalo sa RC Kamuning.

## **Board Meeting, Aug. 2, MRYC**





## Rotary's Guiding Principles

### The Four-Way Test



Followed by Rotarians worldwide in their business and professional lives, The Four-Way Test was created by Rotarian Herbert J. Taylor in 1932. It has since been translated into more than 100 languages and is used by organizations and individuals

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Throughout Rotary's history, several basic principles have been developed to guide Rotarians in achieving the ideal of service and high ethical standards.

### OBJECT OF ROTARY

First formulated in 1910 and adapted through the years as Rotary's mission expanded, the Object of Rotary provides a succinct definition of the organization's purpose as well as the club member's responsibilities.

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST** The development of acquaintance as an opportunity for service;

**SECOND** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD** The application of the ideal of service in each Rotarian's personal, business, and community life;

**FOURTH** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### CLASSIFICATION PRINCIPLE

By assigning each member a classification based on his or her business or profession, this system ensures that the club's membership reflects the business and professional composition of its community. The number of members holding a particular classification is limited according to the size of the club. The goal is professional diversity, which enlivens the club's social atmosphere and provides a rich resource of occupational expertise to carry out service projects and provide club leadership.

### AVENUES OF SERVICE

Based on the Object of Rotary, the Avenues of Service are Rotary's philosophical cornerstone and the foundation on which club activity is based:

- Club Service focuses on strengthening fellowship and ensuring the effective functioning of the club.
- Vocational Service encourages Rotarians to serve others through their vocations and to practice high ethical standards.
- Community Service covers the projects and activities the club undertakes to improve life in its community.
- International Service encompasses actions taken to expand Rotary's humanitarian reach around the globe and to promote world understanding and peace.
- New Generations Service recognizes the positive change implemented by youth and young adults through leadership development activities, service projects, and exchange programs.



## Cardiovascular Benefits of Fish Oil

Fish oil can help reduce deaths from heart disease, according to evidence reports released in April 2004 by the Agency for Healthcare Research and Quality (AHRQ) in Rockville, MD. The systematic reviews of the available literature found evidence that long-chain omega 3 fatty acids, the beneficial component ingested by eating fish or taking a fish oil supplement, reduce heart attack and other problems related to heart and blood vessel disease in people who already have these conditions, as well as their overall risk of death.

Although omega-3 fatty acids do not alter total cholesterol, HDL cholesterol or LDL cholesterol, evidence indicates that fish oil can

- help lower high blood pressure slightly,
- may reduce risk of coronary artery re-blockage after angioplasty,
- may increase exercise capability among patients with clogged arteries, and
- may possibly reduce the risk of irregular heart beats, particularly in individuals who have had a recent heart attack.

"These findings will help health care professionals and the public understand which benefits of omega-3 fatty acids have been scientifically proven and pinpoint areas where additional evidence is needed," said Carolyn M. Clancy, M.D., AHRQ director. "Translating scientific evidence into information that can be used to improve health and health care is key to AHRQ's mission."

### National Institutes of Health Commentary

The evidence reports of the health effects of omega-3 fatty acids are part of a series conducted by AHRQ-supported Evidence-based Practice Centers at the request of the National Institutes of Health (NIH) Office of Dietary Supplements (ODS), which plans to use the findings to develop research agendas on the issues. Five reports are currently being issued, and an additional six reports will be issued next year.

Paul M. Coates, Ph.D., director of NIH's Office of Dietary Supplements, said, "The reports describe some positive findings as well as a number of areas where data are insufficient to draw conclusions about the efficacy and safety of omega-3 fatty acids. The Office of Dietary Supplements, in collaboration with other NIH institutes, will use these reports to develop appropriate research agendas for omega-3 fatty acids that will fill these gaps in knowledge."

# *Ecology Matters*

## A Sec. Val A. Barcinal



### THE CLIMATE OF THE PHILIPPINES

The Climate of the Philippines is tropical monsoon characterized by relatively high temperature, oppressive humidity and plenty of rainfall. There are two seasons in the country, the wet season and the dry season, based upon the amount of rainfall. This is dependent as well on your location in the country as some areas experience rain all throughout the year. Based on temperature, the seven warmest months of the year are from April to October; the winter monsoon brings cooler air from November to March. May is the warmest month, and January, the coolest.

Weather in the Philippines is monitored and managed by the government agency known locally by its acronym, PAG-ASA [*Filipino: hope*] or the Philippine Atmospheric, Geophysical and Astronomical Services Administration.

### TEMPERATURE

The average year-round temperature measured from all the weather stations in the Philippines, excepting Baguio City, is 26.6 °C (79.9 °F). Cooler days are usually felt in the month of January with temperature averaging at 25.5 °C (77.9 °F) and the warmest days, in the month of May with a mean of 28.3 °C (82.9 °F).<sup>[1]</sup>

Elevation factors significantly in the variation of temperature in the Philippines. In Baguio City, with an elevation of 1,500 m (5,000 ft) above sea level, the mean average is 18.3 °C (64.9 °F) or cooler by about 4.3°C (15°F). In 1915, a one-year study was conducted by William H. Brown of the Philippine Journal of Science on top of Mount Banahaw at 2,100 m. (6,900 ft) elevation. The mean temperature measured was 14.6 °C (58.3 °F), a difference of 12°C (21.6°F) from the lowland mean temperature.<sup>[3]</sup>

In Manila and most of the lowland areas, temperatures rarely rise above 37 °C (98.6 °F). The highest temperature recorded in the country was 42.2 °C (108.0 °F) in Tuguegarao Cagayan Valley on April 29, 1912 and again on May 11, 1969. The absolute minimum temperature of 3 °C (37.4 °F) was recorded in January of 1903 in Baguio.

### CLIMATE TYPES

There are four recognized climate types in the Philippines, and they are based on the distribution of rainfall (*See the Philippine Climate Map*). They are described as follows:<sup>[1]</sup>

**Type I.** Two pronounced season: dry from November to April and wet during the rest of the year.

**Type II.** No dry season with a pronounced rainfall from November to January.

**Type III.** Seasons are not very pronounced, relatively dry from November to April, and wet during the rest of the year.

**Type IV.** Rainfall is more or less evenly distributed throughout the year.

## *Inner Wheel Club of Marikina Pres. Liza G. Masangkay*



Distict Board Meeting Last July 15, 2010. Present were DC Julie Malaya, Pres. Liza Masangkay and PP Noemi Verano.



Club Board Meeting last July 22, 2010 at MRYC.



Pres. Liza, PDC/Sec. Elai and PP Vising ocular inspection at Sta. Elena Elementary School and meeting with its principal Mrs. Zeny Zaballa.

# CLASSIFICATION

## PERSONAL DATA

Address : 11 Catherine St. Provident Village,  
Marikina City  
Date of Birth : December 14, 1950  
Place of Birth : Magallanes, Sorsogon  
Profession : Certified Public Accountant  
Civil Status : Married  
Name of Wife : Ellen Estanislao-Tan  
Children : Three (3)



**RTN. ELMER J. TAN**

## EDUCATIONAL ATTAINMENT

		Course	Honors
Magallanes Chinese School		Elementary	Valedictorian
Tabaco Pei Ching High School	Secondary		1st Hon. Mention
University of the East—Manila	BSBA-Accounting		-

## PROFESSIONAL AFFILIATION

- Phil. Institute of CPAs (PICPA)
- Association of CPAs in Public Practice (ACPAPP)

## WORK EXPERIENCE

Started as Staff Auditor at SGV & Co. right after taking the CPA Board Examination.  
Transferred and worked in several corporations in various Managerial positions in a span of 26 years.

## PRESENT OCCUPATION

Company : LENMER ENTERPRISES  
Position: General Manage/Owner  
Nature of Business: Trading of Corporate Giveaways

## The New Schedule of Fees for Rotary International and District

	DISTRICT & RI DUES	
RI DUES	BEFORE	NOW
The Rotarian	\$24.00/SEM	\$25.00/SEM
Subscription	\$12.00/SEM	\$18.00/SEM
DISTRICT		
FUND	P400.00	P500.00

*For a copy of this bulletin, please visit our website [www.marikinarotary.org](http://www.marikinarotary.org)  
Go! Go! Global!*

## SERVICE PROJECTS CHAIRMEN FOR RY 2010-2011

<b>CLUB ADMINISTRATION</b>		<b>Director Responsible: Sec. Allan Perez</b>	<b>E. LITERACY &amp; VALUES FORMATION</b>		<b>Director Responsible: VP Dodje Cabalquinto</b>
1. Attendance	PP Dindo Santos	PP Flor dela Paz	1. Rotary Scholarship	PP Ver Farcon	PE Del de Guzman
2. Club Bulletin	ASec. Val Barcina	Rtn. Harold Nanquil	2. Timpalak sa Pagsulat at Pagbigkas	Asec. Carl Tan.	Rtn. Jon Cobarrubias
3. Program	Sec. Allan Perez	ASec. Val Barcinal	3. Student Leadership Award	Rtn. Jon Cobarrubias	Rtn. Dan Sibal
4. Constitution & By-Laws	PP Tony Fidelino	PP Al Ancheta	4. Storytelling Contest	Rtn. Jerome Josef	Rtn. Tops Rodriguez
5. Ways & Means	PP Kiko Pe Benito	PP Eric Ignacio	5. Adopt-A-School	PP Ver Farcon	PP Flor dela Paz
6. Club Historian	PP Romy Cruz	PP Flor dela Paz	6. Book Donation	Rtn. Jon Arellana	Rtn. Willie Reyes
7. Website	PP Dindo Santos	VP Dodje Cabalquinto	7. School for Children with Special Needs	PP Noel Flores	PD Claro Capco
8. Fellowship and Arts	Rtn. Jun Jun Farcon	Rtn. Elmer Tan	8. Alternative Learning Center	Rtn. Tops Rodriguez	PP Fabi Cadiz.
9. Sports Table Tennis Tournament	PP Onie Aguinaldo		9. Career Development	Rtn. Joel Valenzuela	Rtn. Tops Rodriguez
Chess Tournament	PP Dante Verano				
Marathon	PD Eduard Farcon				
10. Grievance	PP Tony Fidelino				
<b>MEMBERSHIP</b>		<b>Director Responsible: Dir. Chris Meriño</b>	<b>THE ROTARY FOUNDATION</b>		
1. Classification	PP Boy Ong	PP Eric Ignacio	1. TRF Contribution	PP Roland Garcia	PP Onie Aguinaldo
2. Membership	PP Tony Fidelino	PP Fabi Cadiz	2. Polio Plus	PD Nestor Garcia	PP Jun Garduño
3. Membership Growth & Dev't	PP Joe Lee	PP Eric Ignacio	3. Matching Grant	PP Boy Ong	PP Tony Fidelino
4. Rotary Information	IPPP Vincent Santos	PDG Efren de Guzman	4. Group Study Exchange	PP Dante Verano	PP Noel Flores
5. Rotary Academy/Fireside	PP Joe Judan	PP Boy Ong	5. Youth Exchange	PP Fabi Cadiz	PP Rudy Valentino
6. Family Outing	Rtn. Patrick Ong	PP Dante Verano	6. World Community Service	PP Tony Fidelino	PP Joe Judan
7. Club Extension	PP Manny de Guzman	PP Boy Ong			
<b>CLUB PUBLIC RELATIONS</b>		<b>Director Responsible: Dir. Pat Corpus</b>	<b>NEW GENERATION</b>		
1. Public Relations	Rtn. Manolo Favis	PP Rene Florencio	1. New Gen. Conference	ASec. Carl Tan	PD Boyet Alias
2. Public Image	PD Rey Montoya	PP Onie Aguinaldo	2. Artista ng Bayan	Rtn. Harold Nanquil	Rtn. Tops Rodriguez
3. Interclub Relations Local	PP George Ty	PP Noel Flores	3. Rotaract / Interact / RYLA	PP Dante Verano	Rtn. Jon Cobarrubias
4. Interclub Relations International	PDG Efren de Guzman	PP Fabi Cadiz			
<b>SERVICE PROJECTS</b>			<b>SPECIAL EVENTS</b>		
<b>A. FAMILY OF ROTARY</b>		<b>Director Responsible: Dir. Hermie dela Paz</b>	1. Induction of Officers	PE Del de Guzman	<b>Director Responsible: Dir. Willie Reyes</b>
1. Children at Risk/Child Protection Program	PD Claro Capco	PD Ed Navarro	2. District Assembly	PE Del de Guzman	PE Del de Guzman
2. Rotary Community Corps	Rtn. Dan Sibal	Rtn. Tops Rodriguez	3. Christmas Party	PP Eric Ignacio	PP Flor dela Paz
3. Rotary Volunteers	PP Rudy Valentino	PP Rene Florencio	4. Club Anniversary	PP Fabi Cadiz	PP Eric Ignacio
4. Rotary Recreation & Vocational Fellowship	PP Rene Florencio	PP Al Ancheta	5. District Conference	Rtn. Willy Cruz	PP Fabi Cadiz
			6. Photo Exhibit	PP Manny de Guzman	PP Dindo Santos
<b>B. HEALTH and HUNGER</b>		<b>Director Responsible: Dir. Benjie Malaya</b>	7. Souvenir Program	PP Manny de Guzman	PP Dante Verano
1. Medical & Dental Services	ASec. Val Barcinal	PD Nestor Garcia	8. Tenpin Bowling	PP Joe Judan	PP Kiko Pe Benito
2. Blood Letting	PP Jun Garduño	PD Ed Navarro	9. Duckpin Bowling	PP Onie Aguinaldo	PD Celso Cruz
3. Emergency & Disaster Svcs	Rtn. Vic Sabiniano	PP Joe Judan	10. District Golf Tournament	PP Boy Ong	PP Noel Flores
4. Preventable Blindness	PP Jimmy Capco	PP Dindo Santos	11. Palarotry	Rtn. Jon Cobarrubias	Rtn. Willy Cruz
5. Adopt-A-Hospital	PP Al Ancheta	PP Ading dela Paz	12. Awards & Recognition	PP Manny de Guzman	PP Flor dela Paz
6. Dengue Prevention	ASec. Val Barcinal	PD Ed Navarro	13. Club Valentines Party	Rtn. Jon Arcellana	Rtn. Jon Arcellana
7. Concern for The Elderly / Handicapped	PP Ading dela Paz	PP Greg deGuzman	14. Club Awards Night	PE Del de Guzman	
8. Integrated Impact Feeding	Rtn. Charlie Dyfan,	ASec. Val Barcinal			
9. Operation Tuli	PD Ed Navarro	Rtn. Harold Nanquil			
10. Drug Abuse Prevention	Rtn. Carlos Balquiedra	Rtn. Vic Sabiniano			
<b>C. POVERTY ALLEVIATION</b>		<b>Director Responsible: Dir. Willie Reves</b>	<b>OFFICERS RY-2010-2011</b>		
1. Livelihood Training & Skills Development	Rtn. Elmer Tan	PD .Eduard Farcon	PRESIDENT:	RONIE P. MASANGKAY	
2. Vocation at Work/ Vocational Awareness	PD Celso Cruz	PD Jessie Cruz	VICE-PRESIDENT:	JAIME N. CABALQUINTO	
3. Christmas Gift Giving	PD Jessie Cruz	Rtn. Charlie Dyfan	PRESIDENT-ELECT:	DEL R. DE GUZMAN	
<b>D. WATER MANAGEMENT &amp; ENVIRONMENTAL CONCERN</b>		<b>Director Responsible: Treas. Bernard Cansana</b>	SECRETARY:	ALLAN S.M. PEREZ	
1. Environmental Protection	ASec. Val Barcinal	PP George Ty	ASSISTANT SECRETARY - ADMIN:	VAL A. BARCINAL	
2. Water Mgmt Projects	PD Boyet Alias	PP Boy Ong	ASSISTANT SECRETARY - SERVICE:	CARL JEFFREY S. TAN	
			TREASURER:	BERNARD H. CANSCANA	
			ASSISTANT TREASURER:	NORBERTO L. COBARRUBIAS JR.	
			AUDITOR:	ELMER J. TAN	
			ASSISTANT AUDITOR:	PATRICK T. ONG	
			CHIEF SERGEANT-AT-ARMS:	ROLANDO C. GARCIA	
			ASSISTANT SERGEANT-AT-ARMS :	MANUEL P. DE GUZMAN	
			ASSISTANT SERGEANT-AT-ARMS:	CELSO C. CRUZ	
			PROTOCOL:	VIRGILIO S. FARCON SR.	
			P.R.O.:	EDUARD G. FARCON	
			ASSISTANT P.R.O.:	JEROME D. JOSEF	
			CLUB TRAINER:	DINDO FERDINAND C. SANTOS	
			ASSISTANT CLUB TRAINER:	ANTONIO B. FIDELINO	
			EX-OFFICIO:	VINCENT C. SANTOS	
			DIRECTORS:	PATERNO S. CORPUS	
				CHRISTOPHER U. MERIÑO	
				MARIO HERNANDO R. DE LA PAZ	
				BENJAMIN EDSHEL V. MALAYA	
				WILFREDO E. REYES	

# Roster of Attendance

	<b>Rotarian</b>	<b>Classification</b>	<b>Induction</b>	<b>Spouse</b>	<b>July</b>			
					<b>10</b>	<b>15</b>	<b>22</b>	<b>29</b>
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	P	M	P	P
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine	P			
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella				
4	Balquiedra, Carlos P.	Banking - Commercial	05/07/2009	Ruby			P	P
5	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	P	M	P	M
6	Cabalquinto, Dodje N.	Building Construction	01/20/2005	Dolly	P	P	P	P
7	Cadiz, Fabi I.	Medicine - General	03/16/2000		P	P	P	P
8	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	P	P	P	P
9	Capco, Claro L.	Education	07/05/2002	Jehan				
10	Cobarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008			M	P	M
11	Corpus, Pat S.	Secondary Administration	10/26/2006		M		M	P
12	Cruz, Celso C.	Insurance - Non-Life	6/18/1998		M	P	P	P
13	Cruz, Jessie F.	Auto Parts Distribution	11/4/1993	Isay	P	P	P	P
14	Cruz, Willy R.	Architecture	10/6/2005	Liza		M	P	M
15	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy	P	P	P	P
16	De Guzman, Efren O.	Memorial Service	7/29/1982	Pam	P	P	P	M
17	De Vera, Lito P.***	Medicine – General	6/18/1998	Lil				
18	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	P	P	P	P
19	Dela Paz, Hermie	Financial Consultancy	12/4/2008		P	P	P	P
20	Dytan, Charlie J.	Shoe Supply Distribution	3/18/1999	Nenita	P	P	P	P
21	Farcon, Eduard G.	Auto Parts Distribution	10/11/2001	Nancy	P	P	P	P
22	Farcon, Jun G.	Taxation	4/22/1988	Zeny	P	P	P	M
23	Farcon, Jun Jun M.	Bakeshop Products Distribution	7/5/2002	Che				
24	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	P	P	P	M
25	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora	P	M		P
26	Flores, Noel S.	Vertical Construction	1/17/2002	Vivian	P	M	P	P
27	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora	M	M	M	P
28	Garcia, Roland C.	TV Programming & Marketing	11/14/1991		P	P	P	P
29	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	P	P	P	
30	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri	M	M	P	
31	Judan, Joe A.	Engineering - Civil	3/17/1991	Minia	P	P	M	M
32	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	M	P	P	P
33	Masangkay, Ronie P.	Laboratory Service	1/17/2002	Liza	P	P	P	P
34	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	P	P	P	P
35	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn				P
36	Nanquil, Harold S.	General Surgery	10/25/2007	Mars				P
37	Ong, Patrick T.	Concrete Products Manufacturing	09/03/2009		P	M	P	M
38	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette	P	P	P	M
39	Perez, Allan S.M.	Telecommunications	4/6/2006	Pauline	P	P	P	P
40	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	P	P	P	P
41	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	M	M	P	P
42	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam			M	
43	Santos, Dindo C.	Medicine – Family	8/14/1997	Cecil	P	P	P	P
44	Santos, Vincent C.	Medicine – Endocrinology	7/1/2000	Eula	P	P	P	M
45	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	M	P	P	M
46	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009		M	M	P	M
47	Tan, Elmer J.	Corporate Give Aways	7/30/2009	Ellen	P	P		P
48	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	P	P	P
49	Valenzuela, Joel	Health & Wellness product Distribution	5/07/2009	Elsa	M	M	M	M
50	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	P	M	P

# Roster of Attendance

	<u>Rotarian</u>	Classification	Induction	Spouse	July			
					1	10	15	22
<b>Exempted</b>								
51	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	P	E	E	E
52	Capco, Jimmy P.	Medicine - EENT	1/4/1968	Lanie	P	P	P	P
53	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	E	E	E
54	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	E	E	E	E
55	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	E	E	E
56	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	P	P	P	P
57	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	E	E	P	E
58	Farcon, Ver S.	Law - Corporate	3/17/1971		P	P	P	P
59	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		E	E	P	E
60	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	E	E	P	P
61	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	P	P	P
62	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	P	P	P	E
63	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	P	P	M	P
64	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	P	E	E
65	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	P	E	E	E
66	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	P	E	P	P
67	Valentino, Rudy B.	Shoe Retailing	2/11/1982		E	P	P	P
68	Don Emilio Yap	HONORARY MEMBER						
** Charter Member		***Exempted due to protracted illness						
LEGEND:		P-Present	M-Make-up	E-Exempted				

MAKE-UP	EXTRA ATTENDANCE
<b>RC San Mateo (Jul. 17)</b> IPP Vincent Santos-07/29 DG Jun Farcon-07/29	<b>RC Metro Val (Jul. 23), RC Val West (Jul.25), RC Cainta (Aug.2), RC San Juan West (Aug.3), RC San Juan (Aug.4)</b> PDG Efren de Guzman
<b>Timpalak Committee Meeting (Jul. 16)</b> Rtn. Carl Tan-07/15	<b>Badminton Levelling (Jul. 24)</b> PP Kiko Pe Benito, Dir. Chris Meriño
<b>RC Manpasan (Jul.17),</b> PDG Efren de Guzman--07/29	<b>D2770 Japanese Fellowship in Tagaytay (Jul. 22)</b> DG Jun Farcon, Pres. Ronie Masangkay, Sec. Allan Perez, Dir. Hermie dela Paz, PP George Ty, Rtn. Tops Rodriguez, Rtn. Dan Sibal, SAG Noel Flores, Rtn. Jon Jon Cobarrubias, Rtn. Patrick Ong, PP Flor dela Paz, PP Kiko Pe Benito, Rtn. Willy Cruz, PD Eduard Farcon, Rtn. Joel Valenzuela, PP Boy Ong
<b>Japanese Visit Committee Meeting (Jul. 19)</b> Rtn. Carl Tan-07/29	<b>Board Meeting (Aug. 2)</b> Pres. Ronie Masangkay, Sec. Allan Perez, VP Dodjie Cabalquinto, IPP Vincent Santos, Treas. Bernard Cansana, PE Del de Guzman, Dir. Hermie dela Paz, Dir. Benjie Malaya, Dir. Willie Reyes, Dir. Chris Meriño, Rtn. Caloy Balquiedra, PP Onie Aguinaldo, PP Boy Ong, PP Dindo Santos, PP Jimmy Capco, PP Manny de Guzman, Rtn. Carl Tan, Rtn. Patrick Ong, Rtn. Charlie Dytan
<b>Club Formation Montalban (Jul.20))</b> PP Tony Fidelino-07/29      PP Joe Judan-07/22	<b>Club Formation Rodriguez (Aug. 3)</b> Pres. Ronie Masangkay, Sec. Allan Perez, PP Manny de Guzman, PP Boy Ong, Dir. Benjie Malaya
<b>Japanese Visit Welcome Airport (Jul. 22)</b> Rtn. Dan Sibal-07/10      Rtn. Joel Valenzuela-07/10	<b>RC Kamuning (Aug. 3)</b> Pres. Ronie Masangkay, Sec. Allan Perez, Treas. Bernard Cansana, Dir. Hermie dela Paz, PP Flor dela Paz, PP George Ty
Rtn. Patrick Ong-07/29      Rtn. JonJon Cobarrubias-07/29	
<b>Japanese Visit Courtesy Call to Mayor (Jul. 22)</b> Rtn. Dan Sibal-07/29      Rtn. Joel Valenzuela-07/15	
PP Kiko Pe Benito-07/29	
<b>Japanese Visit Tagaytay (Jul. 25)</b> Rtn. Joel Valenzuelal-07/29 Rtn. Willy Cruz-07/29	
<b>Badminton Levelling (Jul. 24)</b> PP Kiko Pe Benito-07/29	
<b>Board Meeting (Aug 2)</b> Asec. Val Barcinal-07/29      Dir. Pat Corpus-07/22	
Rtn. Vic Sabiniano-07/22	
<b>Club Formation Rodriguez (Aug. 3)</b> PP Joe Judan -07/29	

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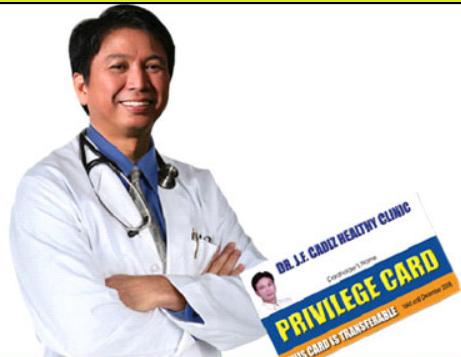
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Engr. Dante L. Verano,  
RC Marikina Past President RY 2002-2003  
Spouse Noemi Verano, IWC Marikina Past President  
And Rotaract Dante Leonardo Verano & Toffie

**Alper**  
**GRAPHICS**

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A Sec. Carl Tan

## CHIGO Air Conditioners

### Window Type

w/ Remote Control



CYW-152 (0.5HP)



KC-20/Yaa(0.8HP)  
KC-25 (1.0HP)

### Portable Type



KY-25(1.2HP)

### Manual Type



KT3C-50 (2.0HP)



KC-25 (1.0HP)  
KC-32 (1.5HP)



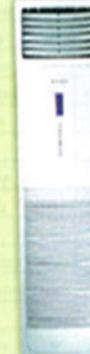
CP-25 (1.0HP)

## CHIGO Air Conditioners

### Ceiling Cassette Type



LF18WVQ (3TR)



CS-25C2 (1.0HP)  
CB-51C2 (2.0HP)

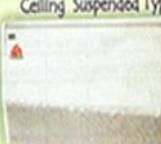


CS-32C2 (1.5HP)  
CS-61C2 (2.5HP)

### Inverter Type



1.0HP 1.5HP 2.0HP



LF72WVLD (3HP)  
LF10WVLD (3TR)

Rtu. Patrick Ong

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## Notes

### Make-Up Corner

Name of Visiting Rotarian \_\_\_\_\_

Signature of Club Secretary \_\_\_\_\_