Volume 46 Weekly Meeting No. 10

September 9, 2010

#### Welcome Guest Speaker Pres. Norberto "Bing" S. Quite

- Registration I.
- II. Program

Call to Order Invocation

Philippine National Anthem

Rotary Pledge & The 4-Way Test

Introduction of Visiting Rotarians & Guests

Entertainment Recognition

**Rotary Information** 

Introduction of Guest Speaker

Guest Speaker Secretary's Time President's Time RC Marikina March

Adjournment Weekly Raffle Fellowship

III.

- Pres. Ronie P. Masangkay

- IPP Vincent Santos

- PP Eric Ignacio

- PD Nestor Garcia

- Rtn. Charlie Dytan

- Rtn. Harold Nanguil

- PD Jessie Cruz

- PP Dindo Santos

- Sec. Allan Perez

- Pres. Norberto "Bing" Quite

- Sec. Allan SM Perez

- Pres. Ronie P. Masangkay

- Pres. Ronie P. Masangkay

- PP Ading dela Paz

PP Onie Aguinaldo Master of Ceremonies

#### Valley Wheel is the official bulletin of the Rotary Club of Marikina

Sec. Allan SM Perez - Editor-in-Chief

Asec. Allan SM Perez – Editor-in-Chief

Asec. Val A. Barcinal—Deputy Editor-in-Chief

Columnist/Contributors; Pres. Ronie P. Masangkay, ASec. Val A. Barcinal, Dir.

Benjie Malaya, IWC of Marikina, RCC Marikina Valley, Rotaract Club of

Marikina & Marikinna GIMIK, Grupo Singko, Acknowledgement: PP Manny

de Guzman, ALS Computer Learning, Mr. Joshua Alonzo

Additional Photos by PP Kiko Pe– Benito, PP Manny de Guzman, Pres. Ronie

Additional Filotos by FF Akto Fe—Benno, FF Manny de Guzman, Ffes. Rome Masangkay, VP Dodjie Cabalquinto
The Rotary Club of Marikina was admitted to the Rotary International on

March 18, 1965, with postal address at Marikina Rotary Youth Center, Sumulong Hi-way, Sto. Niño, Marikina City, Philippines 1800
Tel. 9423720 – url; www.marikinarotary.org

#### THE ROTARY PLEDGE

I do solemnly promise to help advance the object of Rotary, comply with the constitution and by-laws of Rotary International and the Rotary Club of Marikina, ever putting into practice Rotary's Motto: "SERVICE ABOVE SELF."

#### THE FOUR WAY TEST

Of things we think, say or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and better FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

#### **PRAYER**

Heavenly Father we are grateful for the wonderful mixture of blessings, promises and mercy running through our lives, even the trials and lapses of faith.

Again we ask for your help to meet our goal, to fight the good fight, to finish the race, and to keep the faith. Give us new strength to function best and accomplish the most for the Lord when we do what we've been gifted to do; to benefit others and to fulfill His purpose.

We thank You for all things to God the Father in the name of Lord Jesus Christ.

Amen.

#### **PROGRAMME**

September 16, 2010

Invocation Rtn. Elmer Tan National Anthem Rtn. Manolo Favis

Rotary Pledge &

The Four Way Test Rtn. Alex Manzo

Introduction of Visiting

Rotarians & Guests Rtn. Jun Jun Farcon
Entertainment PP Flor dela Paz
Recognition PP Tony Fidelino
Raffle PP Joe Judan

Rtn. Carlos Balquiedra

Emcee

#### DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION

As a Rotarian engaged in business or profession, I am expected to:

- 1. Consider my vocation to be another opportunity to serve;
- 2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community
- Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation
- Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship;
- 5. Recognize the honor and respect due to all occupations which are useful to society;
- Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community.
- Adhere to honesty in my advertising and in all representations to the public concerning my business or profession
- Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships

#### ROTARY CLUB OF MARIKINA MARCH

Music: PP Jimmy Capco Lyrics: Rtn. Francisco Pascual; Arranger: Rtn. Allan SM Perez

Come sing with us for fellowship A song of camaraderie Then give your hand in fond friendship To Marikina Rotary

We love to share our thoughts with you And lavish in your company So, come each meeting day please do To Marikina Rotary

#### Refrain

Motto of SERVICE ABOVE SELF Is not a mere phraseology Participate with zeal and zest In Marikina Rotary

Let us Rotarian serve all Our beloved community Then we can accentuate the goal Of Marikina Rotary



#### Happy Blessed Birthday!

Treas. Bernard Cansana—Sept. 10 Sps. Cora Cruz—Sept. 10 Sps. Casing dela Paz—Sept. 11 Sps. Mely Cruz—Sept. 11

Happy Wedding Anniversary!
PP George Ty & Sps. Leonor
— Sept. 11



## Microscopie Findings Pres. Ronie P. Masangkay

It's BER month! It means Christmas is just around the corner.

September is NEW GENERATION's month and this is the new addition in the Avenues of Service. That's why our Zone will conduct a New Generation Conference this coming September 11 here in MRYC. The delegates for the said event are not confined only to our Rotaractor but likewise open to all young professionals. If your children are interested to join they are most welcome to attend.

After our regular meeting last Thursday, The Marikina Rotary Foundation at last convened after a few years of hibernation. PP Ver Farcon presided over the meeting while PP Tony Fidelino acted as Secretary. There was an election of officers in which the following were elected members of the Board of Trustees;

Chairman of the Board PDG Efren de Guzman .
President PP Eric Ignaco
Vice President PP Flor dela Paz
Secretary PP Tony Fidelino
Treasurer PP Onie Aquinaldo

Auditor PP Dante Verano

Board Members DG Jun Farcon, PP Ver Farcon, PP Rudy Valentino,

PP Dindo Santos and Yours Truly

I was again invited to attend a Joint Induction of RC Navotas, RC Northbay and RC Dagat-Dagatan last Friday, September 3 at Manila Pavillion Hotel and Casino together with some of my classmates in Zone 4.

Then on the following day, Saturday, Zone 4 and Zone 6 hosted the 2<sup>nd</sup> Breakfast Meeting at Club Filipino. There's a lot of incoming District activities tackled like Tenpin Bowling Tournament, Octoberfest, Voice of the youth, MOPS and etc.

On the afternoon of the same day, Our Club, Inner Wheel Club of Marikina, RC Metro Marikina and Red Cross Marikina Chapter joined forces in conducting the Blood Letting at Coats Manila Bay. A total of 19 donors were screened and passed the standards to donate precious blood including PP Dindo and PP Jun Garduno who was the project chairman with the guidance of Director Benjie Malaya. There were also some Rotarians who supported the project like VP Dodjie, SAG Noel, Treas. Bernard, Dir. Pat, Sec.Allan, Rtn. Tops, Rtn. Dan and yours truly.

The 3<sup>rd</sup> Board Meeting was held last Monday night, as usual the meeting was full of queries for all needed clarifications and explanations that went very smoothly. One of the highlights of that evening was the implementation of STAR Program that will run for the whole Rotary year and the first lecture is scheduled this coming September 25 at 8:00-10:00 AM in MRYC and the other one is the much awaited ON TO BAGUIO for the sisterhood pact with RC Baguio South. The itinerary is as follows:

Thursday Sept. 16 - departure from MRYC (after meeting)

Friday Sept. 17 - Baguio (RCM will divide into 2 groups, Golfers and Non-golfers)

10:00 AM Golf Friendly Game 10:00 AM Book Donation

Saturday Sept. 18 - Day Session Tulog and Pasyal

- 6:00 PM Fireside Meeting

Sunday Sept. 19 - departure from Baguio to La Union then back to Manila

Continued on page 24......



## Unli Call & Text Message Sec. Allon SM Perez

Tonight, let us listen to the lecture of President Bing Quite of RC Loyola Xavier Marikina, the newest member of the Marikina Zone. The topic of his lecture is focused on Social Responsibility.

Tomorrow, September 10, 2010, the Rotary Clubs of Zone 4 will conduct a job fair in partnership with the Marikina City Government. This will be held at the Marikina City Hall Quadrangle from 8:00 in the morning until 5:00 in the afternoon.

On Saturday, September 11, 2010, the District will hold a simultaneous New Generation's Conference. Each Zone will have different venue. Zone 4 will conduct the conference here at MRYC from 8:00 AM to 12:00 noon. Let us support IPP Vincent Santos, Chairman of the District New Generations Conference and the Zone 4 Presidents by attending this worthy cause.

The Integrated Feeding Program at Malanday Elementary School, a joint project with RC Fukushima, in cooperation with the Inner Wheel Club of Marikina, Department of Education and the Marikina City Health Office, was launched this morning with an orientation with the parents of the beneficiaries on what will take place in the next 90 days. The actual feeding will start on Monday, September 13, 2010 at 9:00 in the morning. Let us join and help Rtn. Charlie Dytan, chairman of this project, by extending an arm in feeding these young undernourished children of Malanday.

Also on Monday, September 13, 2010, Zone 4 Rotary Clubs of Marikina will perform a defogging at Baranggay Tumana. This is in connection with our annual Dengue Prevention project. Let us give our full support to ASec Val by attending this project.

Lastly, those who are still interested to join the On-To-Baguio, kindly inform the secretariat so we can reserve a seat for you.

We would like to extend our deep		CALENDAR OF EVENT	ΓS
sympathy to the families of Rtn. Elmer Tan and PP Manny de	10 Sept 8AM-5PM	Zone 4 Job Fair	Marikina City
Guzman for the untimely demise	11 Sept 8-12nn	Zone 4	Quadrangle MRYC
of their relatives.	1	New Generation's	
		Conference	
The board approved to publish	13 Sept 9am	Integrated Feeding	Malanday Elem. Sch.
the proposal of Mr. Hermogenes	13 Sept. 10am	Zone 4 Dengue	
Culminas, who was loaned with a		Prevention (Fogging)	Brgy. Tumana
classification of Pest Control,	16 Sept. After	RC Marikina Foundation	1
and Mr. Bonifacio Barotilla, who	Mtg adjournment	Board of Trustees Meeti	ng
was loaned with a classification	16 Sept	On to Baguio/	Baguio City
		Fireside Meeting	
of Motorcycle parts distribution,	125 Sept	Zone Interact Assembly	Roosevelt
into Membership. If you have any	25 Sept	STAR Program Lecture	MRYC
objections, kindly notify the	26 Sept	Interview w/ Don Mano	
board.	1		



# People, Events & Places

#### Weekly Regular Meeting - Sept. 2, 2010, MRYC



Pres. Ronie, Sec. Allan and VP Dodjie with the Winners of Timpalak sa Pagsulat at Pagbigkas.



Timpalak Champion Julie Jolo from OLOPSC performing her winning piece for the Rotarians to hear (09/02/10)



Guest Speaker Dr. Neil P. Rodrigo on his topic General Safety Orientarion



Guest Speaker Dr. Neil Rodrigo receiving tokens of appreciation from Pres. Ronie with PE Del and Sec. Allan (09/02/10)



Ms. Lolit receiving from Pres Ronie the P3,700 cash donation from Rotarians for the Citiscan of her daughter.



PP Ver Farcon presiding the meeting of the Rotary Club of Marikina Foundation Inc., with him is PP Tony and Pres. Ronie.

# People, Events & Places

#### 2nd Presidents' Breakfast Meeting - Sept. 4, 2010, Club Filipino



RC Marikina Rotarians with DG Jun Farcon



Zone 4 Presidents and officers receiving their District Simplified Grant approval from DG Jun Farcon and TRF Chair PDG Mac Hermoso

#### Bloodletting - Sept. 4, 2010, Coats Manila Bay



Pres. Ronie, Chair PP Jun, Dir. Responsible Benjie and Treas. Bernard Cansana during Bloodletting.



RC Marikina Rotarians with RC Metro Marikina Rotarians during Bloodletting Joint project.



PP Dindo Santos, our regular blood donor.



VP Dodjie, Dir. Pat & PP Dindo with Jessie of Red Cross and Rotarians of RC Metro Marikina.



## People, Events & Places



3rd Board Meeting at MRYC (09/06/10)



PDG Efren, Lt. Gov. Eric and Pres. Ronie with other Zone Pres. & Spouses during 30th Charter Anniversary & Governor's Visit of RC Marikina North. (09/07/10)

#### Unveiling of Gov. Jun Farcon Billboard - Aug. 28, 2010, MRYC



DG Jun Farcon unveiling his surprise Billboard prepared by the Marikina Zone. (08/28/10)

12 x 14 feet wide billboard of Gov. Jun Farcon



DG Jun Farcon giving a message of thanks to all who prepared the surprise billboard.

 $\operatorname{DG}$  Jun Farcon &  $\operatorname{DGL}$  Zeny with Marikina Zone Presidents and Rotarians.



## Structural Cash Flow Treas. Bernard H. Cansana

#### Weekly Cash Position Report August 20-26, 2010

Beginning Balance as of August 12, 2010	87,503.74
Cash/Check Receipts	
1st Sem Dues	20,900.00
Dinner Fees	6,740.00
Fine	180.00
Souvenir Ads	10,000.00
Total Receipts	37,820.00
Sub-Total	125,323.74
<u>Cash Disbursement</u>	
Prizes	5,000.00
Baoard Paper-Timpalak Certificates	184.00
Transpo-Coats Manila Bay (deliver Tarp)	60.00
Technical Support (August)	800.00
Bantay Bayan	200.00
Dinner - 45 pax	6,300.00
Print Bulletin #9 - 45 copies	900.00
Fruit basket for Guest Speaker	400.00
<u>Check Disbursement</u>	
Tokens to Judges of Timpalak	3,000.00
ALS Instructor Salary (August)	6,000.00
Salary (Aug 16-31)	6,749.98
Timpalak Expenses	1,132.00
District Duckpin Reg./Lane Fees	5,550.00
Dist. Tenpin Bowling Reg.	6,000.00
Octoberfest Registration	2,000.00
Total Disbursement	44,275.98
Ending Balance, September 2, 2010	81,047.76
Note: Above Cook Desition does not include athor Fu	

Note: Above Cash Position does not include other Funds to be accounted for separately such as Matching Grant and WCS Projects.





#### The Rotary Foundation Programs for the Youth

#### **Educational Programs**

Rotary Foundation Educational Programs promote international understanding by bringing together people from different countries and cultures.

**Ambassadorial Scholarships**, The Rotary Foundation's oldest and best-known program, was founded in 1947. Since then, more than 40,000 men and women from about 100 nations have studied abroad under its auspices. Today it is one of the world's largest privately funded international scholarships programs. Nearly 700 scholarships were awarded for study in 2009-10. Through grants totaling approximately US\$16.2 million, recipients from about 70 countries studied in more than 80 nations.

The purpose of the Ambassadorial Scholarships program is to further international understanding and friendly relations among people of different countries and geographical areas. The program sponsors academic year scholarships for undergraduate and graduate students as well as for qualified professionals pursuing vocational studies. While abroad, scholars serve as goodwill ambassadors to the host country and give presentations about their homelands to Rotary clubs and other groups. Upon returning home, scholars share with Rotarians and others the experiences that led to a greater understanding of their host country.

**Rotary Peace Fellows** are leaders promoting national and international cooperation, peace, and the successful resolution of conflict throughout their lives, in their careers, and through service activities. Fellows can earn either a master's degree in international relations, public administration, sustainable development, peace studies, conflict resolution, or a related field, or a professional development certificate in peace and conflict resolution.

Schools for Rotary Peace Fellowship:2

- Chulalongkorn University, Bangkok, Thailand (professional development center)
- Duke University and University of North Carolina at Chapel Hill, USA
- International Christian University, Tokyo, Japan
- Universidad del Salvador, Buenos Aires, Argentina
- University of Bradford, West Yorkshire, England
- University of California, Berkeley, USA (NOTE: The Rotary Foundation Trustees will no longer be accepting applications for this program after the 2009-11 class.)
- University of Queensland, Brisbane, Australia





#### **Earthquake**

Earthquakes can affect our lives in many ways. They cause fires that burn buildings to the ground. This affects you because now you have nowhere to live. They also can destroy whole towns. Family members can be trapped under the rubble inside the house. Now you will mourn for their loss. During an earthquake, tsunamis are created and destroy everything in their path at the beach. This includes buildings and any other of your favorite things to do at the beach. Now you are bored all the time until they get it repaired. If you live in a small town with only one store that supplies you with everything and it Fires of the 1906 San Francisco earthgets destroyed, what do you do? You will starve unless you can get help fast. Let's say your town is under a huge



quake

cliff. There suddenly is an earthquake, which causes a landslide. Everyone is buried alive. But if you live in a big city there is a great chance that you will survive. This is because it is so big and so populated with important stores that life could go on even if a huge earthquake occurs. So always be prepared for an earthquake.

If you are worried about how to prepare for an earthquake, you can cast aside your worries because we are here to tell you how. To prepare for an earthquake you should sketch a floor plan so that everyone in your household has a way to escape. Also make a backup plan just in case. On the floor plan mark off where food and supplies are in case anyone gets isolated. Make sure you take the time to go over the floor plan with everyone so that they know what to do. Be sure to make a meeting spot outside of your house. This is your evacuation plan. Remember, if you are stuck inside, stay inside. You could get hit by falling debris.

You may want to make a list of all the things that are important so that you know what gets lost. You can put this list and another list of phone numbers such as the fire station, paramedic, police and things like that in a fireproof safe. You also can get your walls strengthened to help prevent damage.

Well, I hope you learned some new things about earthquakes. Now you know that earthquakes are caused because of tectonic plates moving, and how the energy releases to cause it. Also that earthquake can take a heavy toll on people's lives, because of family losses, destroyed homes, and so on. If you read the section after that, you may know that you have a better chance of an earthquake not destroying your home or injuring you if you (and your home) are earthquake- safe. Always have an evacuation plan and an earthquake kit on hand and ready. If you have read all this it has brought you to where you are now, the conclusion.





#### Peptic Ulcers...a continuation

#### **Treatment**

The good news is that most *H. pylori*-related ulcers are curable with treatment that combines two different kinds of antibiotics and an acid suppressor. The antibiotics are taken over a 1- to 2-week pe-



riod and the antacid is given for 2 months or longer. The ulcer may take 8 weeks to heal, but the pain usually goes away after a few days or a week.

To be sure the treatment has worked, doctors may order a stool test to verify the absence of *H. pylori*. If symptoms persist or worsen, doctors might do a follow-up endoscopy 6 to 12 months later to check for *H. pylori*.

Likewise, ulcers related to NSAIDs rarely require surgery and usually improve with an acid suppressor and stopping or changing the NSAID. No antibiotics are needed to treat this type of ulcer.

#### **Caring for Your Child**

If your child is diagnosed with an *H. pylori*-related ulcer, make sure he or she takes all of the antibiotics as directed by the doctor. Even if the symptoms disappear, the infection may not be gone until all of the medication has been taken.

If your child has a medication-related ulcer, the doctor will tell you to avoid NSAIDs, including any medication containing ibuprofen or aspirin. Also, be sure to give your child the prescribed acid-reducing medication.

Unless a particular food is bothersome, most doctors don't recommend dietary restrictions for kids with ulcers. A good diet with a variety of foods is essential to all kids' growth and development

<u>Alcohol</u> and <u>smoking</u> can aggravate an ulcer. Also make sure that your child avoids coffee, tea, sodas, and foods that contain <u>caffeine</u>, which can stimulate the secretion of acid in the stomach and may make an ulcer worse.

#### When to Call the Doctor

Call your child's doctor immediately if your child has any of these symptoms:

sudden, sharp, persistent belly pain

bloody or black bowel movements

bloody vomit or vomit that looks like coffee grounds

If your child has peptic ulcer disease, these signs and symptoms could indicate a serious problem, such as:

perforation (when the ulcer becomes too deep and breaks through the stomach or duodenal wall)

bleeding (when acid or the ulcer breaks a blood vessel)

obstruction (when the ulcer blocks the path of food from going through the intestines) If your child is taking NSAIDs and shows symptoms of peptic ulcer disease, seek prompt medical attention. Delaying diagnosis and treatment can lead to complications and possibly the need for surgery. But with timely treatment, almost all peptic ulcers can be cured.



#### RC MARIKINA FOUNDATION TRUSTEES



**Efren O. de Guzman** Chairman



Enrico C. Ignacio President



Florinio S. dela Paz Vice-President



**Antonio B. Fidelino**Secretary



Onofre C. Aguinaldo Treasurer



**Dante L. Verano** Auditor



**Virgilio G. Farcon, Jr.**Trustee



**Virgilio S. Farcon, Sr.**Trustee



Ronie P. Masangkay Trustee



**Dindo Ferdinand C. Santos**Trustee



Rodolfo B. Valentino Trustee



#### **GUEST SPEAKER**

#### Norberto "BING" S. Quite

Date of Birth : June 25, 1959
Place of Birth : Buga, Libon, Albay

Age : 50

Religion : Roman Catholic

Civil Status : Single

#### **EDUCATIONAL BACKGROUND**

Elementary Graduate : Buga Elem. School, Buga, Libon, Albay (1974)
High School Graduate : Buga Academy, Buga, Libon, Albay (1979)
College Graduate : Bicol University, Legaspi City (1983)

Course - Bachelor of Science in Education Major: Filipino Minor: Agricultural Arts

Special Skills : Literate in Computer Softwares

#### **GOVERNMENT EXAMINATION TAKEN**

Professional Board Exam for Teachers (PBET) : November 1984
PRC License No. 0347299 : April 7, 1998

#### **WORK EXPERIENCE**

High School Teacher: Jose Rizal College, High School Division (1983-1991)

ciaries Development, Diliman, Quezon City 2005

Independent Consultant/Facilitator

Lecturer/Facilitator: Trainings conducted by DAR nationwide since 1992; Topics on: Gender and Development, Rural

Development, Personal Development, Local Governance

**Event Organizer/Host/Emcee** 

#### SPECIAL AWARDS / RECOGNIZATION RECEIVED

- OUTSTANDING ALUMNUS, Buga Academy, Buga, Libon, Albay Service Medal, Reserved Officers Training Course, Bicol University, 1981
- MAAGAP AWARD, Department of Agrarian Reform, CY 1996 and CY 1997
   Supportive Member,:10th General Assembly, DAR Multi-purpose Cooperative, Elliptical Road, Diliman, QC
- Special Recognition as an Active member Department of Agrarian Reform, Employees Association Manuel Quezon Award Komisyon sa Wikang Filipino
- Outstanding Rotarian; Rotary Club of Quezon City Circle, 2007, 2008 and 2009
- Finalist, Outstanding Secretary, Rotary International District 3780, 2008



Valedictorian

Valedictorian

## Inner Wheel Club of Marikina Pres. Liza G. Masangkay

Alay Para Kay Lolo At Lola - Sept. 4, 2010, San Antonio de Padua



Inner Wheel Club of Marikina had a project titled "Alay para kay Lolo at Lola" chaired by PP Fely Lee. The beneficiary of the project were the Senior Citizens of Calumpang. IPP/Dra. Eula Martha Santos had a lecture on Health Problems encountered by Senior Citizens. Mrs. Doris Alikpala taught them the Basic Taichi and Lecture on How to Grow Old Gracefully. The Inner Wheel members also prepared Fun Games and Snacks for them. All the Senior Citizens present were given umbrellas and towels.





#### STOUT-HEARTED MEN

Give me some men who are stout-hearted men

Who will fight, for the right they adore,

Start me with ten who are stout-hearted men,

And I'll soon give you ten thousand more.

Shoulder to shoulder and bolder and bolder,

They grow as they go to the fore.

Then there's nothing in the world that can halt or mar a plan,

When stout-hearted men can stick together man to man.

## SWEETHEART

Let me call you sweetheart
Im in love with you
Let me hear you whisper that you
love me too
Keep the lovelight glowing in your
eyes so true
Let me call you sweetheart
Im in love with you

Let me call you sweetheart
Im in love with you
Let me hear you whisper that you
love me too
Keep the lovelight glowing in your
eyes so true
Let me call you sweetheart
Im in love with you



For a copy of this bulletin, please visit our website www.marikinarotary.org
Go! Go! Global!

#### SERVICE PROJECTS CHAIRMEN FOR RY 2010-2011

	SERVICE	PROJECTS (	CHAIRMEN FOR RY 2	2010-2011		
CLUB ADMINISTRATION	Director Responsible	Sec. Allan Perez	E. LITERACY & VALUES FORMATION	Director Responsible: VF	P Dodiie Cabalquinto	
1. Attendance	PP Dindo Santos	PP Flor Dela Paz	Rotary Scholarship	PP Ver Farcon	PE Del de Guzman	
2. Club Bulletin	ASec. Val Barcina	Rtn. Harold Nanguil	Timpalak sa Pagsulat			
3. Program	Sec. Allan Perez	Asec. Val Barcinal	at Pagbigkas	Asec. Carl Tan.	Rtn. Jon Cobarrubias	
4. Constitution & By-Laws	PP Tony Fidelino	PP Al Ancheta	Student Leadership Award	Rtn. Jon Cobarrubias	Rtn. Dan Sibal	
5. Ways & Means	PP Kiko Pe Benito	PP Eric Ignacio	Storytelling Contest	Rtn. Jerome Josef	Rtn. Tops Rodriguez	
Club Historian	PP Romy Cruz	PP Flor dela Paz	<ol><li>Adopt-A-School</li></ol>	PP Ver Farcon	PP Flor dela Paz	
7. Website	PP Dindo Santos	VP Dodjie Cabalquinto	6. Book Donation	Rtn. Jon Arrellana	Rtn. Willie Reyes	
Fellowship and Arts	Rtn. Jun Jun Farcon	Rtn. Elmer Tan	<ol><li>School for Children with Special Needs</li></ol>	PP Noel Flores	PD Claro Capco	
<ol><li>Sports Table Tennis Tournamen</li></ol>			Alternative Learning Center	Rtn. Tops Rodriguez	PP Fabi Cadiz.	
Chess Tournament	PP Dante Verano		Career Development	Rtn. Joel Valenzuela	Rtn.Tops Rodriguez	
Marathon	PD Eduard Farcon					
10. Grievance	PP Tony Fidelino		THE ROTARY FOUNDATION	Director Responsible: Pl		
			1. TRF Contribution	PP Roland Garcia	PP Onie Aguinaldo	
MEMBERSHIP	Director Beans willer	Dir Chris Mariña	2. Polio Plus	PD Nestor Garcia	PP Jun Garduño	
	Director Responsible:		3. Matching Grant	PP Boy Ong	PP Tony Fidelino	
Classification     Manufacture	PP Boy Ong	PP Eric Ignacio PP Fabi Cadiz	Group Study Exchange     Group Study Exchange	PP Dante Verano	PP Noel Flores	
2. Membership	PP Tony Fidelino PP Joe Lee		Youth Exchange     World Community Service	PP Fabi Cadiz PP Tony Fidelino	PP Rudy Valentino PP Joe Judan	
Membership Growth & Dev't	IPP Vincent Santos	PP Eric Ignacio	6. World Community Service	PP TOTTY FILLERING	PP JUE JUUAN	
Rotary Information     Rotary Academy/Fireside	PP Joe Judan	PDG Efren de Guzman PP Boy Ong	NEW GENERATION	Director Responsible: IPI	P Vincent Santos	
Rotary Academy/Fireside     Family Outing	Rtn. Patrick Ong	PP Boy Ong PP Dante Verano	1. New Gen. Conference	ASec. Carl Tan	PD .Boyet Allas	
7. Club Extension	PP Manny de Guzman		Artista ng Bayan	Rtn. Harold Nanguil	Rtn. Tops Rodriguez	
7. Club Exterision	PP Manny de Guzinan	PP BOY ONG	3. Rotaract / Interact / RYLA	PP Dante Verano	Rtn. Jon Cobarrubias	
			3. Notal act / Interact / NTEA	11 Dante Verano	run. son Cobarrabias	
CLUB PUBLIC RELATIONS	Director Responsible:	Dir Pat Cornus	SPECIAL EVENTS	Director Responsible: Di	r. Willie Reves	
Public Relations	Rtn. Manolo Favis	PP Rene Florencio	Induction of Officers	PE Del de Guzman		
Public Image	PD Rey Montoya	PP Onie Aguinaldo	District Assembly	PE Del de Guzman		
Interclub Relations Local	PP George Ty	PP Noel Flores	3. Christmas Party	PP Eric Ignacio	PP Flor dela Paz	
Interclub Relations International			Club Anniversary	PP Fabi Cadiz	PP Eric Ignacio	
moroup reactions marriagena	1 B G Ellott do GdEttati	77 Tabrodal	5. District Conference	Rtn. Willy Cruz	PP Fabi Cadiz	
			6. Photo Exhibit	PP Manny de Guzman	PP Dindo Santos	
SERVICE PROJECTS			7. Souvenir Program	PPManny de Guzman	PP Dante Verano	
A. FAMILY OF ROTARY	Director Responsible	Dir. Hermie dela Paz	Tenpin Bowling	PP Joe Judan	PP Kiko Pe Benito	
Children at Risk/Child			9. Duckpin Bowling	PP Onie Aguinaldo	PD Celso Cruz	
Protection Program	PD Claro Capco	PD Ed Navarro	10. District Golf Tournament	PP Boy Ong	PP Noel Flores	
Rotary Community Corps	Rtn. Dan Sibal	Rtn. Tops Rodriguez,	11. Palarotary	Rtn. Jon Cobarrubias	Rtn. Willy Cruz	
3. Rotary Volunteers	PP Rudy Valentino	PP Rene Florencio	12. Awards & Recognition	PP Manny de Guzman		
4. Rotary Recreation &			13. Club Valentines Party	PP Flor dela Paz	Rtn. Jon Arcellana	
Vocational Fellowship	PP Rene Florencio	PP Al Ancheta	14. Club Awards Night	PE Del de Guzman		
			0			
B. HEALTH and HUNGER Dire	ector Responsible: Dir.	Benjie Malaya	OFFICER	S RY-2010-2011		
Medical & Dental Services	ASec. Val Barcinal	PD Nestor Garcia	PRESIDENT:	RONIE P. MASANGK	AY	
2. Blood Letting	PP Jun Garduño	PD Ed Navarro	VICE-PRESIDENT:	JAIME N. CABALQUII	OTV	
3. Emergency & Disaster Svcs	Rtn. Vic Sabiniano	PP Joe Judan	PRESIDENT-ELECT:	DEL R. DE GUZMAN		
<ol><li>Preventable Blindness</li></ol>	PP Jimmy Capco	PP Dindo Santos	SECRETARY:	ALLAN S.M. PEREZ		
<ol><li>Adopt-A-Hospital</li></ol>	PP Al Ancheta	PP Ading dela Paz	ASSISTANT SECRETARY - ADMIN:	VAL A. BARCINAL		
<ol><li>Dengue Prevention</li></ol>	ASec. Val Barcinal	PD Ed Navarro	ASSISTANT SECRETARY - SERVICE:	CARL JEFFREY S. TA	AN	
7. Concern for The Elderly /			TREASURER:	BERNARD H. CANSA		
Handicapped	PP Ading dela Paz	PP Greg deGuzman	ASSISTANT TREASURER:	NORBERTO L. COBA	RRUBIAS JR.	
<ol><li>Integrated Impact Feeding</li></ol>	Rtn. Charlie Dytan,	ASec. Val Barcinal	AUDITOR:	ELMER J. TAN		
Operation Tuli	PD Ed Navarro	Rtn. Harold Nanquil	ASSISTANT AUDITOR:	PATRICK T. ONG		
<ol><li>Drug Abuse Prevention</li></ol>	Rtn. Carlos Balquiedra	Rtn. Vic Sabiniano	CHIEF SERGEANT-AT-ARMS:	ROLANDO C. GARCIA		
			ASSISTANT SERGEANT-AT-ARMS:	MANUEL P. DE GUZN	MAN	
			ASSISTANT SERGEANT-AT-ARMS:	CELSO C. CRUZ		
	Director Responsible: D	ir. Willie Reyes	PROTOCOL:	VIRGILIO S. FARCON		
1. Livelihood Training & Skills			P.R.O.:	EDUARD G. FARCON	I	
Development	Rtn. Elmer Tan	PD .Eduard Farcon	ASSISTANT P.R.O.:	JEROME D. JOSEF		
Vocation at Work/			CLUB TRAINER:	DINDO FERDINAND (		
Vocational Awareness	PD Celso Cruz	PD Jessie Cruz	ASSISTANT CLUB TRAINER:	ANTONIO B. FIDELIN		
<ol><li>Christmas Gift Giving</li></ol>	PD Jessie Cruz	Rtn. Charlie Dytan	EX-OFFICIO:	VINCENT C. SANTOS		
			DIRECTORS:	PATERNO S. CORPU		
				CHRISTOPHER U. MERIÑO		
D. WATER MANAGEMENT & ENVIRONMENTAL CONCERN  Director Responsible: Treas. Bernard Cansana			MARIO HERNANDO R. DE LA PAZ			
				BENJAMIN EDSEL V.		
Environmental Protection     Water Mgmt Projects		PP George Ty		WILFREDO E. REYES	•	
2. vvater ivigitit Projects	ru buyet Allas	PP Boy Ong				



## Roster of Attendance

					August/September			
	Rotarian	Classification	Induction	Spouse	19	26	02	
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	Р	Р	Р	
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine				
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella				
4	Balquiedra, Carlos P.	Banking - Commercial	05/07/2009	Ruby	Р	P	Р	
5	Banaria, Riel	Children's Clothing Distribution	08/07/2010	Bernadette	Р	M	М	
6	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	Р	Р	М	
7	Cabalquinto, Dodjie N.	Building Construction	01/20/2005	Dolly	Р	Р	Р	
8	Cadiz, Fabi I.	Medicine - General	03/16/2000		M	M	Р	
9	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	Р	P	Р	
10	Capco, Claro L.	Education	07/05/2002	Jehan	<u> </u>	М		
11	Cobbarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008		Р	Р		
12	Corpus, Pat S.	Secondary Administration	10/26/2006			М	Р	
13	Cruz, Celso C.	Insurance - Non-Life	6/18/1998		Р	Р	Р	
14	Cruz, Jessie F.	Auto Parts Distribution	11/4/1993	Isay	Р	Р	Р	
15	Cruz, Willy R.	Architecture	10/6/2005	Liza	М	М		
16	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy	Р	М	Р	
17	De Guzman, Efren O.	Memorial Service	7/29/1982	Pam	М	Р	Р	
18	De Vera, Lito P.***	Medicine – General	6/18/1998	Lil				
19	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	Р	Р	Р	
20	Dela Paz, Hermie	Financial Consultancy	12/4/2008		Р	Р	Р	
21	Dytan, Charlie J.	Shoe Supply Distribution	3/18/1999	Nenita	Р	М	Р	
22	Farcon, Eduard G.	Auto Parts Distribution	10/11/2001	Nancy	Р	Р	Р	
23	Farcon, Jun G.	Taxation	4/22/1988	Zeny	M	M	M	
24	Farcon, Jun Jun M.	Bakeshop Products Distribution	7/5/2002	Che	1	1		
25	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	Р	М	Р	
26	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora		1		
27	Flores, Noel S.	Vertical Construction	1/17/2002	Vivian	Р	М	Р	
28	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora	P	M	M	
29	Garcia, Roland C.	TV Programming & Marketing	11/14/1991	110.0	P	P	P	
30	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	M	M	P	
31	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri	P	P	M	
32	Judan, Joe A.	Engineering - Civil	3/17/1991	Minia	P	1		
33	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	P	М	Р	
34	Manzo, Alex P.	Special Education Teaching	8/26/2010	Tetet		Р	Р	
35	Masangkay, Ronie P.	Laboratory Service	1/17/2002	Liza	Р	Р	Р	
36	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	Р	Р	Р	
37	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn	М	М	Р	
38	Nanguil, Harold S.	General Surgery	10/25/2007	Mars	Р			
39	Ong, Patrick T.	Conrete Products Manufacturing	09/03/2009		Р			
40	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette	Р	Р		
41	Perez, Allan S.M.	Telecommunications	4/6/2006	Pauline	Р	Р	Р	
42	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	Р	М	М	
43	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	М		Р	
44	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam				
45	Santos, Dindo C.	Medicine – Family	8/14/1997	Cecil	Р	Р	Р	
46	Santos, Vincent C.	Medicine – Endocrinology	7/1/2000	Eula	М	М	M	
47	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	P	P	Р	
48	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009		P	M		
49	Tan, Elmer J.	Corporate Give Aways	7/30/2009	Ellen	P	P	М	
50	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	M	P	
51	Valenzuela, Joel	Health & Wellness product Distribution	5/07/2009	Elsa	M	<del>                                     </del>	T T	$\vdash$
52	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	Р	Р	
	.,				<u> </u>			





## Roster of Attendance

					August/September			nber
	<u>Rotarian</u>	Classification	Induction	Spouse	19	26	02	
Exer	npted							
53	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	E	Ε	Е	
54	Capco, Jimmy P.	Medicine - EENT	1/4/1968	Lanie	Р	Р	Р	
55	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	Е	E	
56	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	E	Е	E	
57	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	Е	E	
58	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	Р	Р	Р	
59	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	Е	Е	Р	
60	Farcon, Ver S.	Law - Corporate	3/17/1971		M	Р	Р	
61	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		Р	Е	Р	
62	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	Е	Ε	Р	
63	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	Р	Р	
64	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	Р	Е	E	
65	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	Р	Р	Р	
66	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	Е	E	
67	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	Е	Е	Е	
68	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	Е	Р	Е	
69	Valentino, Rudy B.	Shoe Retailing	2/11/1982		Р	Р	Р	
70	Don Emilio Yap	HONORARY MEMBER						
	** Charter Member	***Exempted due to protracted illness						
	LEGEND:	P-Present	M-Make-up	E- Exempted				

#### MAKE-UP

Timpalak sa Pagsulat at Pagbigkas Part 1(Aug. 21)

Asec. Val Barcinal-09/02 Rtn. Jerome Josef-09/02

RC Marikina Heights (Aug. 21)

Rtn Riel Banaria-09/02

Timpalak sa Pagsulat at Pagbigkas Part 2(Aug. 28)

Dir Willie Reves-09/02

Rotary eClub of D3310 Singapore (Aug. 31) lesson 16

PD Nestor Garcia-09/02

RC San Juan (Sept. 2)

IPP Vincent Santos-09/02
Bloodletting (Sept. 4)

Dir. Pat Corpus-08/26

Board Meeting (Sept. 6) Rtn. Charlie Dytan-08/26

Unveiling of Gov. Jun Billboard (Sept. 8)

Rtn. Elmer Tan-09/02

Integrated Feeding at Malanday Elem. School (Sept. 9)

PD Claro Capco-08/26

#### **EXTRA ATTENDANCE**

Zone 4 Anti-Hunger Mitigation Program (Aug. 27)
Pres. Ronie Masangkay, Asec. Val Barcinal, Lt.Gov. Fabi Cadiz

Malanday Elem. School & Concepcion Elementary School (Aug. 27)

Pres. Ronie Masangkay, Asec. Val Barcinal
Timpalak sa Pagsulat at Pagbigkas (Aug. 28)

Pres. Ronie Masangkay, VP Dodjie Cabalquinto Treas. Bernard Cansana, Dir. Willie Reyes, PP George Ty, ASec. Val Barcinal, Rtn. Jerome Josef, Sec. Allan Perez, PP Tony Fidelino, Dir. Hermie dela Paz Duckpin Bowling Tournament (Aug. 28)

Pres. Ronie Masangkay, PD Celso Cruz, Sec. Allan Perez, PP Onie Aguinaldo, Dir. Hermie dela Paz

#### EXTRA ATTENDANCE

District Disaster Risk Reduction Management Forum (Aug. 28)

Pres. Ronie Masangkay, SAG Noel Flores Zone 4 Presidents Meeting (Aug. 30)

Pres. Ronie Masangkay

RC San Juan Gems Induction (Aug. 31)
Pres. Ronie Masangkay, SAG Noel Flores, PDG Ting Tanco, PDG Efren de

Guzman, DG Jun Farcon Breakfast Meeting (Sept. 4)

Pres. Ronie Masangkay, SAG Noel Flores, Lt. GoV. Fabi Cadiz, Lt. Gov. Eric Ignacio, DG Jun Farcon, PDG Efren de Guzman, PP Onie Aguinaldo, Dir. Hermie

Bloodletting (Sept. 4)
Pres. Ronie Masangkay, VP Dodjie Cabalquinto, PP Jun Garduño, SAG Noel Flores, PP Onie Aguinaldo, PP Dindo Santos, Dir. Chris Meriño, Dir. Benjie Mala-ya, Treas. Bernard Cansana

Board Meeting (Sept. 6)
Pres. Ronie Masangkay, VP Dodjie Cabalquinto, PE Del de Guzman, Sec. Allan
Perez, Treas. Bernard Cansana, Dir. Pat Corpus, Dir. Benjie Malaya, Dir. Hermie

dela Paz Dir Chris Meriño RC Marikina North (Sept. 7)

Pres. Ronie Masangkay, PDG Efren de Guzman, DG Jun Farcon, Lt. Gov. Eric Ignacio, Lt. Gov. Fabi Cadiz, PE Del de Guzman

Unveiling of Gov. Jun Billboard (Sept. 8)
Pres. Ronie Masangkay, DG Jun Farcon, Lt. Gov. Eric Ignacio, Lt. Gov. Fabi
Cadiz, PP Tony Fidelino, PD Rey Montoya, Sec. Allan Perez, Dir. Benjie Malaya, Dir. Hermie dela Paz. PD Eduard Farcon

Integrated Feeding at Malanday Elem. School (Sept. 9)

Pres. Ronie Masangkay, Sec. Allan Perez, Dir. Hermie dela Paz, PP Flor dela Paz, IPP Vincent Santos, Rtn. Alex Manzo, Rtn. Charlie Dytan





## Greetings From:





Virgilio S. Farcon & Associates CPAs

Farcon Gabriel & Associates

## Virgilio S. Farcon

New Marikina Traders Bldg.
No. 206 Shoe Avenue, Sta. Elena, Marikina City verfarcon@yahoo.com.ph
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#### WILLY R. CRUZ

ARCHITECT / UAP

Mobile No:

& ASSOCIATES
ARCHITECTS \* INTERIOR DESIGNERS \* CONTRACTORS

**WILFREDO CRUZ** 

#120 Riverside Drive

Provident Village, Marikina City Telefax: 941-9789 Cellphone; 0917-5338001 Email: williz\_cruz@yahoo.com.ph



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Loans Retirement and Investment Planning Life Insurance Savings and Time Deposits Financial Risk Management Financial Literacy

Construction and Civil Works

Project Management Real Estate

#### Rtn. Christopher U. Meriño

Rotary Club of Marikina Rotary International District 3800

Cell No: 0908 5840599



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Assistant General Manager

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## DR. CADIZ HEALTHY CLINICS

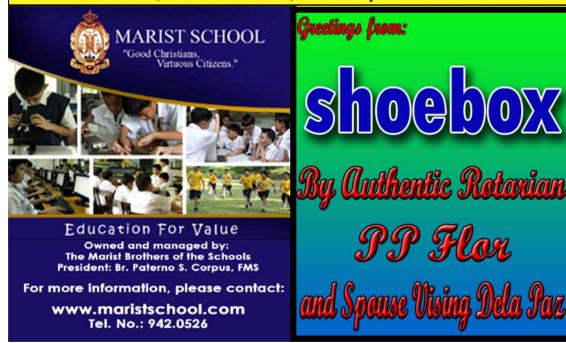
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Dir. Benjie Malaya, Mr.D. & District Chair Julie and sons Justin and Bennard

## DR. BENJAMIN EDSEL MALAYA

Clinic: Marikina Valley Medical Center MWF 10:30-12nn Room 403 Contact No: 0922-8495607 / 09062529382



Engr. Dante L. Verano, RC Marikina Past President RY 2002-2003 Spouse Noemi Verano, SWC Marikina Past President And Rotakid Dante Leonardo Verano & Toffie







#### **Notes**

#### ....from page 3 MICROSCOPIC FINDINGS

Governor Jun Farcon was caught unaware when he arrived at Shell Gas Station along Marcos Hi-way last Wednesday morning, September 8 during the surprise birthday program initiated by the Presidents of the Rotary Clubs of Zone 4. The program was highlighted with the unveiling of a 12 x 14 feet wide billboard. You can see from his face and feel from your heart the happiness and excitement sense of DG Jun on that very moment. DG Lady Zeny (God's Gift to DG Jun), our expert accomplice, was also delighted with the outcome of this simple yet memorable birthday celebration of her husband. Thanks to PD Rey Montoya for allowing us to utilize his place for the installation of such a big billboard of DG Jun Farcon. Let me also thank our fellow members who supported the event and sacrificed their sleeping moments just to attend the surprise birthday celebration of DG Jun Farcon which happened to be the birthday celebration of Mama Mary.

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